

# Virtual Adventure

# CHALLENGE 2020

## CHALLENGE CHECKLIST

### Engage Together in Adventure Experiences

Make sure to check out the Bonus Activity points **before** starting any activities.

All points listed are points per minute

(excluding bonus points for using Chapel Hill facilities, which are only counted once per activity).

Example: 30 minutes of lap swimming at A.D. Clark Outdoor Pool = 2,250 points, plus 50 bonus points.

#### WALKING/HIKING

- Walking on a paved surface (25 pts, 75-pt bonus)
- Walking on a natural surface (25 pts, 75-pt bonus)
- Hiking at 2500+ feet elevation (50 pts)

#### RUNNING

- Running on paved surface (50 pts, 50-pt bonus)
- Running on uneven surface (75 pts, 75-pt bonus)

#### BIKING

- Biking on a paved surface (25 pts, 50-pt bonus)
- Biking on uneven trails (50 pts, 75-pt bonus)

#### SKATING/HOCKEY

- Skateboarding (50 pts, 75-pt bonus)
- Roller Skating/Rollerblading (50 pts, 75-pt bonus)
- Playing ice hockey (50 pts, 75-pt bonus)

#### CLIMBING

- Indoor rock climbing (50 pts, 50-pt bonus)
- Outdoor rock climbing (50 pts)

#### PADDLING/SWIMMING

- Kayaking/Canoeing in moving water (75 pts)
- Kayaking/Canoeing in flat water (50 pts)
- Lap Swimming (75 pts, 50-pt bonus)
- Recreational Swimming (25 pts, 50-pt bonus)

#### SPORT

- Playing traditional sports (25 pts, 50-pt bonus)
- Disc Golfing (50 pts, 75-pt bonus)
- Golfing (18 holes, walking) (50 pts, 50-pt bonus)
- Golfing (18 holes, using cart) (25 pts, 25-pt bonus)
- Flying a kite (10 pts, 100-pt bonus)
- Playing pickleball/tennis (50 pts, 75-pt bonus)
- Just playing in open space (25 pts, 100-pt bonus)

#### OTHER

- Fishing (10 pts, 100-pt bonus)
- Sailing (10 pts, 100-pt bonus)
- Surfing (25 pts)

*Don't forget to take photos as you go on your adventures!*

*Share your photos on social media using #WeAreParksAndRec*

### CHALLENGE POINT LEVELS

*Based on the number of total points you've earned by July 30, you'll be entered in only ONE of three levels for a drawing:*

- Level 1: 15,000 points
- Level 2: 23,000 points
- Level 3: 31,000 points



**PARKS AND RECREATION**

[www.chapelhillparks.org](http://www.chapelhillparks.org)