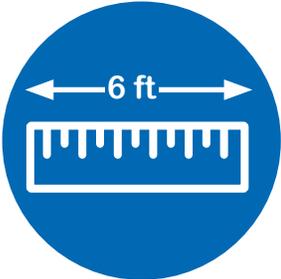




# Social Distancing



Increase the normal distance near other individuals to about 6 feet. (What's six feet? Think of an average human being laying down between you and the other person.)



Avoid crowded places (such as shopping centers and movie theaters) and limit activities in public.



If you need to take public transportation (transit, taxis, or ride shares), be conscious of what you touch, and be sure to wash your hands when you exit the vehicle. Do not touch your face or eat before you're able to wash your hands.



If you have symptoms similar to coronavirus (fever, coughing, shortness of breath), isolate yourself and call your primary care provider. They will inform you what next steps you should take.

## Take Everyday Precautions



Wash Your Hands



Don't Touch Face



Avoid Sick People