

How to Prepare for COVID-19



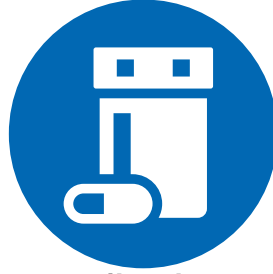
Create a home emergency kit



Non-Perishable Food



Bottled Water



Medications



Flashlight + Extra Batteries



First Aid Kit



Warm Clothing

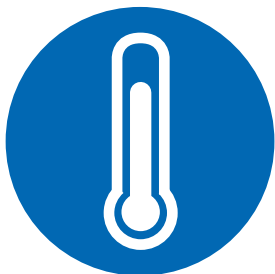


Baby Supplies

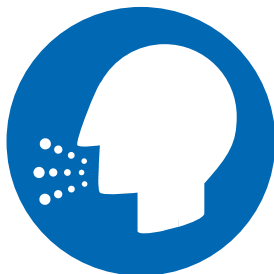


Pet Supplies

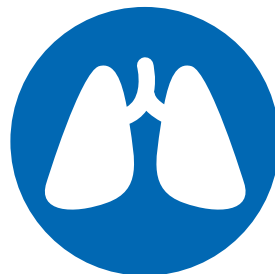
Know the symptoms of COVID-19



Fever



Cough



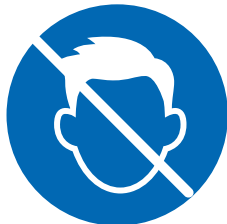
Shortness of Breath

**SPREADS
THROUGH
CLOSE
CONTACT**

Take Everyday Precautions



Wash Your Hands



Don't Touch Face



Avoid Sick People

If You Feel Sick

- Stay home and avoid contact with others.
- Seek medical care right away. Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.
- Don't travel while sick.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing. Throw tissue in the trash.

For more information, visit www.townofchapelhill.org/coronavirus