

CHAPEL HILL PARKS AND RECREATION DEPARTMENT

YOUTH BASKETBALL RULES

IMPORTANT NUMBERS

REVISED 2017

Athletic Hotline	919-685-8277
Community Center	919-968-2790
Lincoln Gym	919-685-8277
Northside Gym	919-968-2792
Rashkis Elementary	919-918-2160 ext. 22513
Chapel Hill Parks and Recreation Department	919-968-2784

GENERAL INFORMATION

Co-ed 7-8; Boys 9-10, 13-15; Girls 9-12; Ages 16-18

- League standings will be posted on the department website, <http://www.townofchapelhill.org/town-hall/departments-services/parks-recreation/athletics/standings-results/basketball>
- The Parks and Recreation Department will furnish the game ball, Gym Supervisor, officials and game jerseys. **The home team as listed on the schedule is asked to provide one volunteer to keep the scorebook during games.** The gym supervisor will run the clock.
- Tennis shoes must be worn by all participants.
- Coaches are responsible for the conduct of players on their respective teams. Please maintain order among all team members before, during and after all games.
- In the event of a game cancellation, change or other rescheduling, the team's coach will be contacted by the Parks and Recreation Department. Coaches are also notified by mail of make-up schedules. The coach is then responsible for notifying his/her team of the changes. In the event of inclement weather, the status of games will be recorded on the Athletic Hotline (919-685-8277).
- Participants are not allowed on any athletic equipment such as rings, wrestling mats, parallel bars, etc. Sitting on bleachers that are not fully pulled out may cause them to malfunction. The Parks and Recreation Department is responsible for all damages that may occur during hours in which we utilize school facilities.
- No jewelry (watches, rings, chains, earrings, etc.) shall be worn during practices or games.
- An eligible player is one defined as a player registered with the Department and on a team roster. If coaches allow illegal players to participate or allow players to participate under false names, the game will be declared a forfeit and the coach's chance of coaching in future programs will be jeopardized. Players on a school team roster are not allowed to participate on a Chapel Hill Parks and Recreation Department team.
- No glass containers are allowed in the gym. If players must drink fluids in the gym, they must be in a squeeze bottle. The Department prefers for coaches to bring all fluids in a large cooler for the team. Please make sure all cups, plastic containers, etc. used by your team are removed immediately after your game.
- The Department will **not** provide trophies at the end of the season. Coaches can purchase awards for their team if they choose, but it is not required and the Department will not pay for it.



ELIGIBILITY

Co-ed 7-8	Players are 7-8 years (can't be 9 before August 31, 2016)
Boys 9-10	Players are 9-10 years (can't be 11 before August 31, 2016)
Boys 11-12	Players are 11-12 years (can't be 13 before August 31, 2016)
Boys 13-15	Players are 13-15 years (can't be 16 before August 31, 2016)
Boys 9-12	Players are 9-12 years (can't be 13 before August 31, 2016)
Boys 16-18	Players are 16-18 years (can't be 19 before August 31, 2016)

RULES AND REGULATIONS

At least 5 minutes before scheduled game time, each coach shall supply the scorer's table with their roster which includes the first and last names of all players and jersey numbers. If players come to the game late, they will be allowed to enter the game without a penalty. The Gym Supervisor's watch is the official starting timepiece for each game. Wall clocks will not be used.

First and last names must be put in the scorebook. All players listed in the scorebook before the start of the game will not be assessed a technical foul for entering the game if they arrive late. Players not listed will be charged a two-shot technical foul for coming late. We suggest listing all players on the roster before each game. The Staff's scorebook is the official scorebook.

If a team cannot field 5 eligible players by game time, the contest will be declared a forfeit. There is no grace period allowed for the start of the game. Should neither team be able to field 5 eligible players by game time, a double forfeit will be declared giving both teams a loss.

In the event of a forfeit, the Department staff will wait around for ten (10) minutes. If enough players show within ten (10) minutes, the staff will work the game for one hour from the original game starting time. If at any time a forfeited game gets out of hand, the staff shall stop the game and clear the court for the next game.

Only 2 coaches and the registered team members are allowed on the team bench during the game. ****Ages 16-18 League:** At least one coach, 21 years of age or older must be in attendance at each game and practice. If a team does not have a coach approved by the Department on the bench at the end of the first period, the game will be declared a forfeit.

No coach shall badger or abuse any player during games and practices. Nor shall any coach harass any scorer, timer, or official. Coaches are to stay in the Coaches Box except when at the scorer's table for team or player information. However, coaches can be restricted to their seat by the game officials if necessary.

The following people are allowed at the scorer's table: Scorers, timers, gym supervisors, officials, staff members, players and coaches.
NO ONE ELSE IS ALLOWED AT THE SCORER'S TABLE AT ANY TIME.

Profane language and unsportsmanlike conduct on the court or in the gym are not allowed.

All technical fouls carry a two-shot penalty.

Each team has 4-5 minutes for pre-game warm-ups, if time permits.

Coed 7-8, Boys 9-10, Boys 11-12, Girls 9-12: will use an Intermediate size ball.

Boys 13-15 & Ages 16-18: will use a Regulation size ball.

Coed 7-8: will use an 8 1/2 ft. goal.

Boys 9-10, Boys 11-12, Boys 13-15, Girls 9-12 & Ages 16-18: will use a 10-ft. goal.

THE GAME

LENGTH OF QUARTERS, HALFTIMES, AND OVERTIME PERIODS

Coed 7-8, Boys 9-10, Boys 11-12 & Girls 9-12: 6 Minute quarters--regulation clock stopping whenever the ball is dead. Half-time will be 3 minutes. In case of a tied game, a one (1) minute regulation clock overtime period shall be played. Each additional overtime will be a one (1) minute running clock - clock will stop on free throws.

Boys 13-15 & 16-18: 7 Minute quarters -- regulation clock stopping whenever the ball is dead. Half-time will be 3 minutes. In case of a tied game, a one (1) minute regulation clock overtime period shall be played. Each additional overtime will be a one (1) minute running clock - clock will stop on free throws.

RULES ON DEFENSE

Coed 7-8, Boys 9-10, Girls 9-12: A pressing defense in the backcourt is prohibited. The first violation will result in a warning for both teams. For the second and subsequent violations, a two shot technical foul is assessed. **Exception:** During the last 30 seconds of each half, the defensive team is allowed to press full court.

Boys 11-12: A pressing defense in the backcourt is **only allowed in the last 2 minutes** of each half. The first two violations will result in a warning. Third and subsequent violations will result in a Technical foul.

Boys 13-15 and Ages 16-18: A pressing defense in the backcourt shall be allowed throughout the game, **except** as stated in the Coach's Corner.

SUBSTITUTION

Substitutions may be made anytime the ball is dead. Players must check in at the scorer table and be allowed into the game by the officials. **Exception:** Mandatory play rule.

TIME-OUTS

Each team will have 2 time-outs per half, each (60) seconds long. Time-outs can come from the player on the floor or by the coaches on the sidelines.

FREE THROWS

On a free throw, players may not enter the free throw area until after the ball hits the rim.

Teams will be in a bonus situation on the 6th team foul. They will shoot on the 7th foul.

Coed 7-8, Boys 9-10, Girls 9-12: shoot from 12 ft. foul line.

Boys 11-12, Boys 13-15 & Ages 16-18: shoot from 15 ft. foul line.

On the 10th team foul of each half, a bonus free throw is awarded whether or not the 1st free throw is successful.

Three free throws are awarded if a player is fouled in the act of attempting a 3-point shot if the shot is unsuccessful.

THREE POINT LINE

Coed 7-8, Boys 9-10: 3-point shot is **not** allowed.

Boys 11-12, Girls 9-12, Boys 13-15, Ages 16-18: 3-point shot is allowed.

ALTERNATING TEAM POSSESSIONS

A jump ball between any 2 opponents at the center circle will be used to start the game and any extra period.

The team that does not gain control of the ball on the first jump ball will obtain possession when the next jump ball situation occurs. After the alternating procedure has started, the possession arrow will be pointed to the basket of the team that is to receive the ball on the next possession.

New Quarter: The team that has the possession arrow will receive the ball out of bounds to start the new quarter.

Second Half: The team that has the possession arrow receives the ball out of bounds to start the second half.

Mandatory Playing Rules CO-ED 7-8, Boys 9-10, 11-12, 13-15, Girls 9-12

It is mandatory that every player play in every game. For ages 7-15, there will be a mandatory substitution break at the midway point of the first, second and third quarters. When ten players are present for a game, the coach must play one five-man unit for the first half of the first quarter. The remaining five players will play the second half of the first quarter. This procedure must be repeated in the second and third quarters as well. The fourth quarter and any overtime is free substitution for the entire quarter. **NOTE:** There will be no mandatory playing time rule for ages 16-18.

MANDATORY PLAYING RULE - POSSESSION

The team that has possession of the ball when the time expires for mandatory substitution midway through each quarter will have possession when play resumes.

If neither team has possession when time expires for mandatory substitution, there will be a jump ball at center court, and then the alternating possession rule will be in effect.

MANDATORY PLAYING RULE - INJURED PLAYER

If a player gets injured in either the first, second or third quarter, the coach of the injured player designates a substitute player. If the injured player is not able to return to the game, the substitute player must not be players that have been designated to sit out during the mandatory play period unless those are the only players present. If the injured player is able to return to the game, he/she must play the remaining time allotted for him/her through the mandatory playing rule. This will not carry over into the next period.

When the injured player is able to return to the game, he/she must replace that individual who went in as his/her substitute at the time of injury.

COACH'S CORNER

At no time will any youth basketball coach take advantage of another team's inability to make a contest of each game. Chapel Hill Parks and Recreation Department has no desire to eliminate the competitive spirit in youth basketball, but will not tolerate personal actions on a coach's part to humiliate any opponent. We have some suggestions to ensure that youth basketball can be fun, whether winning or losing.

Once a twenty (20) point lead is established, no pressing defenses will be allowed.

Penalty: First offense results in a warning. Second offense and subsequent offenses will result in a two-shot technical foul.

Once a team has established a twenty-five (25) or more point spread, the gym personnel will designate players who can and cannot play, until the score has come down to a twenty (20) point lead. The Athletic Staff feels this is the time to let those less talented players have more time on the court. This is not the time to work on a stall offense.

A player or coach ejected from the game has 60 seconds to leave the facility and grounds. Players and coaches should be cautious about what is said to the officials after a game. Ejections and suspensions can be administered at such time.

A GOOD COACH IS RESPONSIBLE FOR THE FOLLOWING ITEMS

- Maintaining an understanding of rules and regulations of the sport being played.
- Properly registering their children for the program.
- Providing accurate information needed to compile eligibility lists and other reports.
- Assuming a supervisory role over team players.
- Assisting in implementation of athletic standards.
- Attending games and practices on a regular basis.
- Applying discipline in a firm and positive manner.
- Conducting self and team in an ethical manner during and after games. Displaying good sportsmanship regardless of game outcome. Maintaining poise and self-control at all times.
- Instructing players concerning rules and regulations.
- Respecting the officials' judgment and interpretation of rules. Following the appropriate procedures if an interpretation appeal becomes necessary.
- Controlling your team and permitting officials to control the game.
- Attempting to shake hands with the officials prior to the game and the opposing coach and team after the game.

DISCIPLINARY PROCEEDINGS

CHAPEL HILL PARKS AND RECREATION DEPARTMENT ATHLETIC RULES OF CONDUCT

The following rules of conduct are sportsmanship guidelines utilized to maintain a positive and safe atmosphere during recreational athletics sponsored by the Chapel Hill Parks and Recreation Department. These rules will be applied to all sports/athletics programs, youth and adult. Each participant/team will be provided this information and it is the responsibility of each team manager/coach to inform his/her team members. Ignorance of these rules will not be considered an acceptable excuse for violations.

The Gym Supervisor is the first line representative of the Parks and Recreation Department at each site. The Gym Supervisor is responsible for implementing Chapel Hill Parks and Recreation Department policies/guidelines. No spectator, player or coach may overrule any decision made by the supervisor within the guidelines set by the Parks and Recreation Department. The Gym Supervisor has the authority to maintain order in the bleachers, on the bench and on the court.

The rules of conduct will be in effect before, during and after each game/match/practice beginning with departmental sponsored preseason practices and continuing through the conclusion of league/tournament play. All athletic special events will be governed by these rules. These guidelines will apply to all events conducted by the department regardless of whether these events are on city owned property or rental facilities.

- Each league in each sport will have league rules to meet requirements of that particular sport. Violation of these league rules can result in suspension.
- Team(s) and/or individuals(s) suspended as a result of infractions of the RULES OF CONDUCT will not be given refunds for team or individual fees.
- A participant is defined as a player, coach or assistant coach, spectator, team or a team follower.
- Any department staff member has the authority to eject a participant from a Parks and Recreation event or property (For further reference see The Chapel Hill Code, Sect. 12-3-u).

- Repeated violations by team(s) or individual(s) will result in more severe penalties being applied.
- Violations of the RULES OF CONDUCT at the conclusion of seasonal play may result in a penalty application in succeeding programs and/or seasons.
- Penalties applied for any situation or circumstance not specifically covered in these RULES OF CONDUCT will be left to the discretion of the Recreation Superintendent.
- Participants ejected from a game/match /practice must leave the facility in 60 seconds. Failure to do so will result in forfeit of the activity.

RULES OF CONDUCT

1. All participants must abide by the official's decision.
2. All participants must refrain from all objectionable demonstrations of dissent at an official's decision (i.e. kicking or throwing a ball, bat, or equipment, speaking loudly to an official, making gestures toward an official, etc.).
3. During the course of a game/match, only one captain or one coach per team will be allowed to discuss decisions reached by an official with the officials.
4. All participants must refrain from using unnecessary roughness against the body and person of an opposing player during the course of play of the game.
5. All participants must refrain from using profane, obscene, or vulgar language.
6. Taunting, mocking, and/or harassment of participants or officials will not be allowed.

PENALTIES FOR ITEMS 1-6

The participant will be ejected from the game/match/practice and may be suspended from the next game (regular season or tournament) played by his/her team. A warning will not have to precede the ejection. Upon investigation of the violation, the Recreation Superintendent may take more severe steps if the violators actions endanger the safety of participants or officials.

7. Verbal abuse of the officials or participants will not be allowed.
8. Profane, obscene, or vulgar language used maliciously toward another participant or official will not be allowed. (for further reference see The Chapel Hill Code, Sect. 12-3 - p.).

PENALTY FOR ITEMS 7-8

The participant will be ejected from the game/match/practice and suspended from the next three regular season game/matches or the next tournament games/matches played by his/her team. Should the violation occur with less than three regular season games/matches remaining, the suspension will be applied to those remaining games/matches plus the first tournament game/match played by his/her team.

9. Participants must refrain from pushing, shoving, striking, laying a hand on, or threatening to do any of these actions to another participant or official.
10. The drinking or possession of alcoholic beverages will not be allowed at Parks and Recreation Department events or property. (For further reference see The Chapel Hill Code, Sect. 12-3 m).
11. Participants are not allowed to attend any Parks and Recreation Department event or property while intoxicated.
12. Participants must refrain from any form of physical attack as an aggressor upon another participant or official.
13. Firearms, knives, or other weapons are not allowed at Parks and Recreation Department events or property. (For further reference see The Chapel Hill Code, Sect. 12-3-l).

PENALTY FOR ITEMS 9-13

The participant will be ejected from the game/match and suspended for the remainder of the season or, if circumstances warrant, be suspended from further competitive programs offered by the Parks and Recreation Department. For violations of the above-mentioned city ordinances and laws, legal authorities will be contacted.

APPLICATION OF THE RULES OF CONDUCT

- Upon receipt of a written report describing a violation, the department program staff or designee will investigate the report and will in turn apply the appropriate penalty in compliance with the rules of conduct.
- The violator will be mailed a letter, sent an e-mail or receive a telephone call describing the violation and appropriate penalty. Additional copies of this letter will be issued to the team coach/manager, league supervisor, officials, etc. as needed. A parent/guardian will be mailed this letter for youth violators.
- Penalties will begin immediately following the issuance of the letter or telephone call.
- If the individual receiving the penalty wishes to appeal the ruling. He/she may do so by submitting a written request to the Recreation Superintendent stating the reason for appeal. An appeal must be received by the Recreation Superintendent within 48 hours.
- Formal appeal meetings involving the participant and Parks and Recreation Staff will only be conducted for seasonal or longer suspensions at the discretion of the Recreation Superintendent.
- If the individual receiving a ruling from the formal appeal meeting wishes to pursue another appeal he/she may do so by submitting a final appeal to the Director of Parks and Recreation within 24 hours of the previous ruling.

COMPLAINTS

A team manager may file a complaint with the league administrator for any incident deemed inappropriate by gym supervisors, officials, or the league administrator (at no cost). This can be done by telephone or in written form.

