



In the Spotlight

Highlighting Exceptional Employees

LaTonya McNair Payroll Coordinator

LaTonya McNair has experienced many milestones in the first month of the year.

She joined the Town in January 2013. Two years later, also in January, she was promoted to Payroll Coordinator. Then in 2015, she enrolled in the Town's Wellness@Work program after realizing she was gaining weight and having some health issues.

"I would eat out for breakfast; I would eat out for lunch; I would eat out for dinner," LaTonya said. "Then I would go straight home and lay down on the couch."

Through W@W, she learned how to eat better—adding more fruit and vegetables to her diet and limiting the burgers and sugary desserts—and strives to exercise more. (See page 2 of the December 2015 TOWNtalk to learn more about the Smart Fuel Challenge, a wellness program encouraging smart eating habits.)

LaTonya says the Town value Responsibility speaks to her most because she has to make sure all the Town employees are paid correctly and on time.

"Sometimes an employee's pay doesn't come out right, and I have to come up with a solution," LaTonya said. "I always want to make sure the employee is happy while displaying the Town RESPECT values to the employees."

In her free time, LaTonya says she enjoys running and catching up on her favorite TV shows.

LaTonya graduated from Shaw University with a bachelor's degree in accounting. She temporarily lives in Greensboro while she's looking to move back to Alamance County.

What's coming up for LaTonya in January 2016? Ask about her resolutions for the new year. She says she might try to run a marathon—one day.

—Story by *Ran Northam*

Value in the Spotlight Responsibility



Ran Northam photo

RESPECT Values

Responsibility

Equity

Safety

Professionalism

Ethics

Communication

Teamwork

