RECREATE
INSPIRE • CREATE • PRESERVE

Winter-Spring 2020
Registration Begins
January 6, 2020

Recreation Events
Adventure Fest, Campfire and a Movie
See page 5

Outdoor Adventure
USS North Carolina Tour, Snow Tubing Trips
See page 11

A note from our New Director
Get To Know Phillip Fleischmann
See inside front cover

New Art Classes
Art In The Park, Try It Friday!, Teen Art Takeover
See page 17

PARKS AND RECREATION
www.chapelhillparks.org
Get to know our new Director

Arriving in June as your new director, I feel truly fortunate to lead such a strong team of staff and community partners in our quest to provide exceptional leisure experiences that align with our vision to “Inspire – Create – Preserve”.

Chapel Hill has long been a special place to me, as I went to school at UNC. And as a Raleigh native, having an opportunity to move back to the Triangle after over a decade away serving parks and recreation agencies in Greensboro and Charlotte was something that I was eager to do.

This time of year, Chapel Hill Parks & Recreation celebrates the winter season with programs and events like a **Valentines dance at The Corner Teen Center** (p. 8), **our Adventure Fest at the Chapel Hill Community Center** (p. 5), and **our Black History Month Brunch at the Seymour Senior Center** (p. 14). We hope that you and your family will join us at one or more of these free activities!

In an effort to be innovative and creative, we’re also proud to introduce several new programs including … **Let it Snow at the Hargraves Center** (p. 6), and **Art in the Park monthly programs at the Chapel Hill Community Center** (p. 17). More information on all of our winter and spring programs are listed in this guide.

And as warmer weather makes its appearance again, it’s time to think about summer fun! On March 10, registration begins for our summer camps. A **NEW Summer Camp Catalog will be distributed in print on January 20** – including numerous options for kids who love arts, sports, outdoors, science, swimming, technology, and more.

Our team of talented staff and partners are here to serve you with quality leisure experiences. I invite you to reach out to share your personal feedback on our facilities and programs.

Finally, as your new Parks and Recreation Director, I’d like to learn more about your experiences with us and your leisure needs and ideas. Please drop in to meet me and other members of the department’s leadership team at one of the following informal “meet and greet” sessions that we’ve scheduled this fall and winter.

- Wed., Jan. 8, 6–7:30 p.m. at the Chapel Hill Community Center
- Mon., Jan. 13, 6–7:30 p.m. at Hargraves Community Center
- Tues., Feb. 11, 6–7:30 p.m. at Homestead Aquatic Center

Sincerely,

Phillip Fleischmann

Let us know what you think. Your feedback is vital to our success.

Phillip Fleischmann, Director
Chapel Hill Parks and Recreation

Give us a call
(919) 968-2784

Or stop by our office
200 Plant Road

Find us on the internet
chapelhillparks.org

Like us on Facebook
Facebook.com/CHParksRecreation

Follow us on Twitter
Twitter.com/CHParksRec
Looking for Summer Camps?
Watch for our NEW Summer Camp Catalog coming out on January 20.

Recreation Events
Dixie Rock • Campfire and a Movie • Adventure Fest • Egg-Streme Egg Hunt

Afterschool / Out of School / Spring Break
Afterschool • Study Hall • Teacher Workdays • Themed Spring Break Camps

Youth & Teen Recreation
Tots in the Wild • Kinder Climb • Seasonal Theme Programs • Crafts • Dance • Clogging • Hang Time • Dungeons & Dragons • College Tour • Youth Council

Athletics
Adult Softball & Basketball • Pee Wee & Youth Baseball • Girls Softball • Skateboarding • Basketball/Soccer Skills Development • Empact Tennis Programs • Tournaments

Fitness and Adventure
Stroller Strides • Martial Arts • West African Dance • Pickleball • Zumba
Rock Climbing • Paddle Adventures • Hanging Rock • Snow Tubing • Coastal Adventure

Adult Recreation
Line Dancing • Cooking • Bingo • Crafting • Dominos • Black History Brunch • Senior Picnic • Game Night

Aquatics
Pool Passes • Swim Lessons • Youth Swim Team • Lifeguarding • Water Exercises • New Egg Splash Event

Art Classes
Papermaking • Recycled Art • Drawing • Try it Friday • Art Museum Day Trip • Teen Art Takeover

Ceramic Arts
Clay for Kids • Youth & Teen Pottery • Creating Vessels Handbuilding • Wheel Throwing • Cylinders for Your Kitchen • Lidded Vessels • Glaze Alchemy • Surface Decoration

Specialized Recreation
Let’s Do Lunch • Fitness • Autism Awareness Month • Egg-ceptional Egg Hunt • Friday Fun Night • Drawing for Comics • Fun on Bolin Creek • Social Café Camp • Sensory Playtime • Adapted Aquatics • SibShop • Special Olympics

Special Interests
Health on the Block • Heartsaver CPR • First Aid

Parks and Recreation Destinations
Chapel Hill Garden Tour • Ephesus Park • New Turf Fields • Morgan Creek Trail
**Registration Information**

**Winter-Spring 2020**  
Registration begins January 6, 2020

**RESIDENTS** may register beginning 8:30 a.m. Monday, January 6. (within Chapel Hill town limits or Orange County)

**NON-RESIDENTS** may register beginning 8:30 a.m. Monday, January 13.

**Three Ways to Register**

1. **Online Registration 24/7**: Those who have a WebTrac Account may register any time at www.chapelhillparks.org. We accept Visa, MasterCard, or Amex (full payment is required for online registration).

   To sign up for WebTrac, visit www.chapelhillparks.org and click "Register Online" then "Create an account". Complete the information and submit. We'll confirm your residency and reply, typically within a few hours (for after hour and weekend requests, we'll reply the next business day).

2. **Mail-in Registration**: Complete a registration form (pick one up at any of our facilities or print one from our website) and mail it with payment to Chapel Hill Parks and Recreation, 200 Plant Road, Chapel Hill, NC 27514. Make checks payable to Town of Chapel Hill.

3. **Walk-in Registration**: Administrative Office (Mon.–Fri. 8:30 a.m.–5 p.m.), and 3 more locations: Chapel Hill Community Center, Hargraves Center and Homestead Aquatic Center during operating hours.

**Fees**

Payment is due at the time of registration. We accept cash, checks, MasterCard, Visa and American Express.

**Cancellations and Refunds**

Requests must be made in advance and in writing; email us in advance at parksrec@townofchapelhill.org. Not all programs are refundable. If eligible for a refund, a $10 processing fee (per class or rental) will be charged. Some cancellations require 14 days advance notice. View our full cancellation and refund policy at chapelhillparks.org (click on "Fees, Permits & Forms").

**Fee Reduction Policy**

If you have extraordinary circumstances that affect your ability to pay our program fees, please review our Fee Reduction information online at chapelhillparks.org and click on Fees, Permits & Forms, or contact our Administrative Office at 919-968-2784 for details. Residents only.

**Americans with Disabilities Act (ADA)**

The Town of Chapel Hill’s Parks and Recreation Department is committed to providing equal access to programs and activities. Specialized activities (those exclusively for people who have special needs) are available as is a continuum of support through inclusion and/or adaptations in all programs.

Most programs in this publication have the potential to be inclusive. It often depends on the individual’s abilities and tolerances and the format of the class. Please contact us so we can work with you and the instructor to seek opportunities for successful experiences.

Request support or services by calling Marian Kaslovsky at (919) 968-2813 or emailing at mkaslovsky@townofchapelhill.org. Requests should be made at least two weeks in advance.
Recreation Events

**Dixie Rock Climbing Competition**
Chapel Hill Community Center
Townsend Bertram and Company presents the longest-running indoor climbing competition in the United States—Chapel Hill Parks and Recreation’s DIXIE ROCK 31! Dixie Rock is a friendly competition that’s fun for all ages. Climbing divisions include USA Climbing, Recreation, Intermediate, Open, and Youth (10 and under). Community preliminary climb will be on Friday night and Saturday. USA Climbing will be on Saturday morning. Prizes will be awarded for winners in each division.

<table>
<thead>
<tr>
<th>Ages 5+</th>
<th>$45 R, $54 NR</th>
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<tbody>
<tr>
<td>Feb. 14–15</td>
<td>Fri 5–10 p.m.</td>
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**Adventure Fest**
Chapel Hill Community Center
Explore adventure programming at the Chapel Hill Community Center! Watch demonstrations and try out equipment and gear for climbing, paddling, biking, and more.

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<thead>
<tr>
<th>All Ages</th>
<th>Free, Drop-in, No registration required</th>
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<tbody>
<tr>
<td>March 21</td>
<td>Sat 1–4 p.m.</td>
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**EGG-STREME Hunt**
Chapel Hill Community Center
Not your typical egg hunt! Gather your friends, bring a flashlight, and search the park in the dark for eggs and prizes.

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<tr>
<th>Ages 10–15</th>
<th>$5 R, $6 NR</th>
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<tr>
<td>April 9</td>
<td>Thu 7:45–9 p.m.</td>
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**Campfire & Movie in the Park**
Chapel Hill Community Center
Bring your blankets and lawn chairs and settle in by the fire for a movie under the stars! We’ll roast marshmallows and enjoy delicious s’mores as we watch an onscreen adventure. Parent or guardian must accompany children under 12 years old.

<table>
<thead>
<tr>
<th>All Ages</th>
<th>Free, Drop-in, No registration required</th>
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<tr>
<td>May 29</td>
<td>Fri 7:45–10:45 p.m.</td>
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Afterschool/Out of School

**Hargraves Afterschool Program 2019–2020**
Hargraves Center
Hargraves Afterschool program is for children in grades K–5 with a focus on recreational activities. There will be limited homework assistance and snacks are provided. Afterschool will not be held on Teacher Workdays. Every elementary school in the Chapel Hill-Carrboro School System drops off at Hargraves Afterschool. Late fees assessed after 6 p.m.

<table>
<thead>
<tr>
<th>Ages 5–11</th>
<th>$272 R, $326 NR</th>
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<tr>
<td>Jan. 28–June 12</td>
<td>Mon–Fri 2:30–5:30 p.m.</td>
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**Teacher Workday**
Hargraves Center
No school today? Check us out! Children will enjoy activities such as basketball, kick ball, hockey, whiffle ball, board games, movies, crafts, and more. Children must provide their own lunch and snacks.

No Fee Reduction. Extra fees are required for field trips. Late fees assessed after 5:30 p.m.

<table>
<thead>
<tr>
<th>Ages 5–11</th>
<th>$15 R, $18 NR</th>
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<tbody>
<tr>
<td>Jan. 27</td>
<td>Mon 7:30 a.m.–5:30 p.m.</td>
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<tr>
<td>Feb. 17</td>
<td>Mon 7:30 a.m.–5:30 p.m.</td>
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<tr>
<td>March 13</td>
<td>Fri 7:30 a.m.–5:30 p.m.</td>
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<tr>
<td>April 3</td>
<td>Fri 7:30 a.m.–5:30 p.m.</td>
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<tr>
<td>April 13</td>
<td>Mon 7:30 a.m.–5:30 p.m.</td>
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**MARK YOUR CALENDAR**

Register for a host of recreation programs and cultural activities for all ages and social backgrounds.

**INSPIRE - CREATE - PRESERVE**

Jan 6 for Chapel Hill and Orange County
Jan 13 for Nonresidents. More info at www.chapelhillparks.org

**NEW SUMMER CAMP CATALOG**
Distributed in print on or before January 20!
Registration for residents begins March 10 for a host of Summer Camps for all ages and backgrounds.

For more classes and programs, visit www.chapelhillparks.org
**Spring Break Camps**

**Mega Rock!**  
**Chapel Hill Community Center**
Beginner and Intermediate junior climbers join us for a week of climbing, bouldering, team-building, games, and activities. Learn safe climbing practices while improving your skills and challenging yourself. We will be ending the week with a FUN adventure field trip (additional field trip fee required). Instructor: Keith Dodson

- Ages 8–13 $112 R, $135 NR
- April 6–9 Mon–Thu 8:30 a.m.–12:30 p.m. #210461-A

**Empact Spring Break Tennis Camp - Ages 8–14**  
**Ephesus Park**
Join us for a week of fun, athletic development, tennis skill and tactics development, and GREAT games! A camp fit for all skill levels ages 8–14. Groups will be split up by age and skill level. Each day is focused with a theme for each part of the game. Hitting a ton of tennis balls, using age appropriate equipment, and having fun, this is the quickest way to learn and improve your tennis game! This is a full day camp from 9 a.m.–3 p.m., bring your racket, lunch, water bottle, and a healthy snack. Registration deadline is one week prior to beginning of camp.

Limited Fee Reduction for this activity for Orange County Residents that qualify; contact Robb English at (919) 968-2734 or renglish@townofchapelhill.org.

- Ages 8–14 $185 R, $210 NR
- April 6–10 Mon–Fri 9 a.m.–3 p.m. #200212-A

**Drama Kids Camp**  
**Hargraves Center**
Drama Kids Camp includes a unique combination of fun, creative, and entertaining theatre and speech activities such as large group improvisations, silent scenes, dialogue development, scene starters, and theater games. At the end of the week, campers will perform a fabulous presentation for family and friends. No Fee Reduction.

- Ages 6–11 $159 R, $191 NR
- $199 R, $239 NR (*Section B Only)
- April 6–9 Mon–Fri 9 a.m.–4 p.m. #220140-A
- Aug. 17–21 Mon–Fri 9 a.m.–4 p.m. #220140-B

**Tots in the “WILD”**  
**Chapel Hill Community Center**
Parents enjoy the “WILD” with your tot by exploring all that nature has to offer at the Community Center Park and surrounding trails. Story time and crafts provided. Be prepared to get wet and dirty! Parent or guardian must accompany children.

- Ages 2–5 $5 R, $6 NR
- April 14 Tue 8:45–9:45 a.m. #210525-A
- May 5 Tue 8:45–9:45 a.m. #210525-B

**Kinder Climb**  
**Chapel Hill Community Center**
Join us as we explore the indoor rock climbing wall at a low level. We will introduce participants to climbing on the bouldering wall. PARENT OR GUARDIAN MUST ACCOMPANY CHILDREN. Instructor: Keith Dodson

- Ages 3–5 $5 R, $6 NR
- Feb. 4 Tue 8:45–9:45 a.m. #210526-B
- March 3 Tue 8:45–9:45 a.m. #210526-C

**Play Station for Tots**  
**Hargraves Center**
Parents/Guardians are welcomed to play with their tot and other tots in the gym. Enjoy parachute, free play, jump rope, basketball, and a friendly game of tag. This program places emphasis on parent-child socialization and tot interaction.

- Ages 2–5 $1 R, $2 NR
- Jan. 14–May 12 Tue 10–11:30 a.m. #220304-A

**Let It Snow**  
**Hargraves Center**
Let’s get ready for snow! Preschoolers will enjoy activities surrounding a cold, snowy winter. They will enjoy arts and crafts, sing-a-longs, learning about what causes snow, and how to dress during the coldest time of the year. Bring your favorite scarf, hat, and gloves as we travel into the winter. A small snack will be provided. Register NOW.

- Ages 2–5 $2 R, $3 NR
- Jan. 15 Wed 9:30–10:30 a.m. #220305-A

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**Youth & Teen Recreation**

**Eboné Soul Strutters**  
**Hargraves Center**
This program for boys and girls teaches body movement, rhythm, and the basics of modern and African dance. This class includes travel to performances.

- Ages 7–18 $10 R, $12 NR  Registration Required
- Sept. 4, 2019–June 10, 2020 Wed 4:30–6 p.m. #420010-A

**Let It Snow**  
**Hargraves Center**
Let’s get ready for snow! Preschoolers will enjoy activities surrounding a cold, snowy winter. They will enjoy arts and crafts, sing-a-longs, learning about what causes snow, and how to dress during the coldest time of the year. Bring your favorite scarf, hat, and gloves as we travel into the winter. A small snack will be provided. Register NOW.

- Ages 2–5 $2 R, $3 NR
- Jan. 15 Wed 9:30–10:30 a.m. #220305-A
Hearts Galore
Hargraves Center
Have you caught the LOVE BUG? Love is in the air! Preschoolers will adore Valentine-themed activities. They will enjoy making heart-shaped arts and crafts, sing-a-longs, and coloring sheets while spreading love to each other. Join us as we celebrate this love filled day. Don’t forget to dress your little one in red. Snack will be provided.
Ages 2–5 $2 R, $3 NR
Feb. 12 Wed 9:30–10:30 a.m. #220306-A

Sham-Rockin’ Good Time
Hargraves Center
Join us for a celebration of all things St. Patrick’s. Participants will take home St. Patrick-themed arts and crafts and a story telling the history of St. Patrick’s Day with songs and much more!
Ages 2–5 $2 R, $3 NR
March 18 Wed 9:30–10:30 a.m. #220307-A

Spring Fever!
Hargraves Center
Bring in spring with Parks and Recreation! Preschoolers will enjoy spring-themed arts and crafts, activities, sing-a-longs, stories, and much more. We will also walk the around the facility to see what beautiful flowers are beginning to bloom. Participants will enjoy a small snack at the conclusion of the activities.
Ages 2–5 $2 R, $3 NR
April 15 Wed 9:30–10:30 a.m. #220308-A

Mother’s Day Tea
Hargraves Center
Preschoolers will enjoy sipping tea with their leading lady! Bring your favorite tea cup and enjoy Mother’s Day-themed activities as well as make and take arts and crafts. A photo booth will be available for pictures.
Ages 2–5 $2 R, $3 NR
May 13 Wed 9:30–10:30 a.m. #220309-A

Hora de Español
Chapel Hill Community Center/Rose Garden
Children and their families will enjoy an opportunity to hear engaging stories that reflect a wide range of cultural experiences from all around Latin America. Join us for 45 minutes of stories, games, and songs presented in English and Spanish by Immersion for Spanish Language Acquisition. PARENT OR GUARDIAN MUST ACCOMPANY CHILDREN.
Ages 3–7 FREE, Drop-In, No registration required
April 2–May 28 Thu 10–10:45 a.m. #220022-A

Drama Kids
Hargraves Center
Drama Kids is a one-hour class that utilizes a proven developmental curriculum consisting of over 450 unique lesson plans. All of our lesson plans have been created to develop verbal/communication skills, self-confidence, and creative thinking skills in children and teens. No Fee Reduction.
Ages 6–11 $90 R, $108 NR
April 14–May 19 Tue 6:15–7:15 p.m. #220022-A

Big Pot Little Pot
Chapel Hill Community Center
Get creative with your child! At these seasonally-themed workshops, your child (with your help) will create a ceramic piece of artwork that they can take home. Children will work on hand strength and dexterity. Take one piece home or take them all! Projects will be available for pick up 2-3 weeks after the workshop as they need to be fired. PARENT OR GUARDIAN MUST ACCOMPANY CHILD.
Instructor: Robena Meek
Ages 2–5 $8 R, $10 NR
Jan. 21 Hearts Everywhere! Tue 10:30–11:30 a.m. #230002-A
Feb. 18 Snowy Owls Tue 10:30–11:30 a.m. #230002-B
March 17 Shamrocks Tue 10:30–11:30 a.m. #230002-C
April 21 Spring Flowers Tue 10:30–11:30 a.m. #230002-D
May 19 Bugs Galore Tue 10:30–11:30 a.m. #230002-E

DON’T WAIT, Register Early
Early Registration helps us plan appropriately. Often we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled. You can make a difference!

Registration opens Jan. 6 for residents, and Jan. 13 for non-residents.

www.chapelhillparks.org
Teen Programs

Dungeons & Dragons
Chapel Hill Community Center
Bring your imagination to the table for an action-packed high fantasy adventure! We'll sling spells, swing swords, and spin tales through a game of Dungeons & Dragons suitable for new players and veterans alike. Gather your party for an afternoon of storytelling fun! All materials will be provided, but you're welcome to bring your own lucky dice.

Ages 12+ Free Registration Required
Jan. 26–Feb. 9 Sun 12:30–3:30 p.m. #210604-A
March 8–22 Sun 12:30–3:30 p.m. #210604-B
April 19–May 3 Sun 12:30–3:30 p.m. #210604-C

Valentine's Day Dance
The Corner Teen Center
Searching for Valentine's Day fun? Join The Corner Teen Center for Valentine's Day in a safe environment. Have a great time with food, photo booths, arts and crafts, board games, video games, and a live DJ to dance the night away.

Ages 13–18 Free, Drop-in, No registration required
Feb. 12 Wed 6–9 p.m. #230730-A

Teen College Tours
The Corner Teen Center
Waiting on the opportunity to visit colleges and get a feel of what college best suits you? Allow the Corner Teen Center to assist you. Join us for our 1st annual Spring Break College Tours. We will visit NCA&T and ECU, and learn what programs each school offers and what makes them unique. Teens tour the campus, meet advisers, and speak with students that are currently attending the Universities. Participants will meet the morning of the tours at the Teen Center.

Ages 16–19 $25 R, $30 NR
April 7–8 Tue, Wed 6–9 p.m. #230731-A

Cane Creek Cloggers
The Corner Teen Center
Like to dance or want to move? Try these free lessons with an experienced troupe of performers that specialize in Appalachian clogging! They preserve the heritage of old-time clogging and flatfoot and buck dancing, while exuding the joyful energy that is at the root of it all. These lessons are suitable or beginners and intermediate dancers alike.

Ages 13+ Free, Drop-in, No registration required
Feb. 11–April 14 Tue 7–8 p.m. #230736-Z

SNAP! (Photography 101)
The Corner Teen Center
Teens will learn basic camera handling skills and the aesthetics of photography. Emphasis is placed on how to use cameras, lenses, exposure meters, flash, enlargers, related equipment, and composition skills to create original images. Participant must bring their own camera and lenses.

Ages 13–18 $25 R, $30 NR
Feb. 4–April 14 Tue 7–8 p.m. #230746-A

Hargraves Center Teen Open Rec
Hargraves Center
Teens are welcome to drop in and play board games, cards, watch movies, etc. Making new friends is always a plus!

Ages 13–18 Free, Drop-in, No registration required
July 6–June 27 Sat 5–8 p.m. #423011-Z

Youth Council 2019-20
The Corner Teen Center
The Chapel Hill Youth Council's mission is to shape the future of our town by amplifying the views and opinions of youth, influencing local decision making, and developing community-oriented service projects and social activities.
CHYC is a chartered member of the State Youth Council, which provides an opportunity for teens to serve as leaders (President, Secretary, etc.) on state boards (State Youth Council, Youth Legislative Assembly, Youth Advocacy Board). Participation is open to all high school-aged students, including those who are homeschooled. For more information and to complete an application visit townofchapelhill.org/teens.

Ages 11–18 Free, Drop-in, No registration required
Sept. 9–June 1 Mon 6–7 p.m. #430707-A

Hang Time
The Corner Teen Center
Are you a teen looking for a safe haven after school? Come visit The Corner, a safe and open space where you can enjoy the following activities: art, video games, card games, studying, open computer lab, music making, and much more! Interns are available on site to assist with homework and school projects.

Ages 13–18 Free, Drop-in, No registration required
Sept. 9–May 29 Mon-Fri 3:30–8 p.m. #430738-Z
Athletics

Adult Softball League
Homestead Park
It’s more than just a game! Join in on the fun, team competition, and camaraderie of our softball league. Connect with other players or teams to form a full roster. Dust off your cleats and play your favorite pastime at Homestead Park elite ball fields on Monday and Wednesday evenings.

Registration is by Team: Up to 12 teams, Class C recreational level of play. Registration deadline is March 15 or until filled. Pay a minimum $200 deposit due with registration, remaining balance due April 1. Additional $5 non-resident fee for each player who does not reside in Orange County.

Ages 18+ $500 R, $500 NR
April 6–June 24 Mon, Wed 7–10 p.m. #200084-A

Youth and Adult Open Gym - Basketball
Hargraves Center
Practice your free throw shots or just get together with a few friends for a quick pick-up game. These are unstructured activity times where our gyms are available to play pick-up basketball or volleyball. Make Exercise Fun each week at one of our gymnasiuim.

Please note that you need to have a Gym Pass to participate in open gym. See www.chapelhillparks.org and click on Gym Schedules for times and locations.

Gym Pass Youth (18 and under) Adult (Ages 19 and older)
Daily Visit $1 R, $2 NR $2 R, $3 NR
20 Visit Pass N/A $30 R, $48 NR
Annual Pass $5 R, $20 NR $60 R, $96 NR

Pee Wee Baseball
Cedar Falls Park
This eight-week program for boys and girls will teach participants the basic fundamentals and skills of baseball in a non-competitive format. There will be four weeks of instruction followed by four weeks of games, all on Saturday mornings. Practices and games will be held at Cedar Falls Park.

Ages 5–6 $60 R, $72 NR
April 11–June 6 Sat 9–10 a.m. #200234-A
April 11–June 6 Sat 10:15–11:15 a.m. #200234-B

Coed Youth Baseball
Cedar Falls Park
Our coed league is a “Coach Pitch” baseball league. All new and returning players must be registered with the Department prior to attending the skill evaluation. Registration deadline is February 28, however registration is on a first come-first served basis and space is limited. Ages determined as of Aug. 31, 2019. Players will be contacted with the date and time of skill evaluation, practice, and game schedules at the conclusion of registration.

Ages 7–8 $60 R, $72 NR
March 16–June 12 Mon–Sun 9 a.m.–8 p.m. #200134-A

Youth Baseball & Softball
Cedar Falls Park
Youth baseball and softball leagues are “Player Pitch.” All new and returning players must be registered with the Department prior to attending the skill evaluation. Registration deadline is February 28, however registration is on a first come-first served basis and space is limited. Ages determined as of Aug. 31, 2019 for baseball; Dec. 31, 2019 for softball. Players will be contacted with the date and time of skill evaluation, practice, and game schedules at the conclusion of registration.

Ages 9–12 $60 R, $72 NR
Boys Baseball
Ages 9–10 March 11–June 14 Mon–Sun 9 a.m.–8 p.m. #200135-A
Ages 11–12 March 11–June 14 Mon–Sun 9 a.m.–9 p.m. #200135-B
Girls Softball
Ages 6–8 March 11–June 14 Mon–Sun 9 a.m.–8 p.m. #200135-C
Ages 9–10 March 11–June 14 Mon–Sun 9 a.m.–8 p.m. #200135-D
Ages 11–12 March 11–June 14 Mon–Sun 9 a.m.–9 p.m. #200135-E

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Jan 13 for Nonresidents. More info at www.chapelhillparks.org

For more classes and programs, visit www.chapelhillparks.org
EMPACT Skills Development

Empact Athletic Programs offer limited Fee Reductions available for Orange County Residents that qualify. Contact Robb English at 919.968.2734 or renglish@townofchapelhill.org for additional information. Equipment will be provided. Bring your own water bottle. Registration deadline is one week prior to beginning of program.

Empact Youth Basketball Skill Development
Rashkis Elementary
A great foundation for kids to learn the game of basketball! Training will include learning skills like footwork, passing, shooting, dribbling, rebounding, and basic offensive and defensive strategy. Our professional coaching staff keeps players engaged while learning the basics of the game but also emphasizes sportsmanship and respect for self and others.

Ages 8–12 $55 R, $65 NR
Jan. 26–Feb. 23 Sun 10–11 a.m. #200266-AA
Sun 5–6 p.m. #200266-BB
March 1–29 Sun 10–11 a.m. #200266-A
Sun 5–6 p.m. #200266-B
March 6–April 3 Fri 6–7 p.m. #200266-C
April 19–May 17 Sun 10–11 a.m. #200266-D
Sun 5–6 p.m. #200266-E
April 17–May 15 Fri 6–7 p.m. #200266-F
May 24–June 21 Sun 10–11 a.m. #200266-G
Sun 5–6 p.m. #200266-H
May 29–June 26 Fri 6–7 p.m. #200266-I

Empact Youth High Performance Basketball
Rashkis Elementary
Take your basketball game to the next level with these 90-minute focused and effective skill training sessions. Best for self-motivated co-ed youth basketball players who are preparing for summer competition, camps, or team tryouts. A professional basketball trainer will lead the group with an emphasis on fundamentals. Players will learn defensive skills, effective passing, shooting techniques, ball handling, in-game concepts, moving without the ball, proper box out positioning, and how to become efficient on the court.

Ages 10–16 $100 R, $115 NR
March 1–29 Sun 6–7:30 p.m. #200267-A
April 19–May 17 Sun 6–7:30 p.m. #200267-B
May 24–June 21 Sun 6–7:30 p.m. #200267-C

Youth Soccer Training - All Levels Coed
Southern Comm. Park
A great foundation for kids to learn the game of soccer. Skills training includes footwork, dribbling, passing, shooting, and basic offensive and defensive strategy. Our professional coaching staff keeps players engaged while learning the basics of the game but also emphasizes sportsmanship and respect for self and others.

Ages 8–12 $55 R, $65 NR
March 15–April 19 Sun 2–3 p.m. #200269-A
April 26–May 24 Sun 2–3 p.m. #200269-B
May 1–29 Fri 4–5 p.m. #200269-C

Skateboarding Fundamentals
Homestead Park
Learn the fundamentals of skateboarding safely at your own pace. Improve balance, coordination, flexibility, endurance, and confidence while learning skateboard tricks and how to properly fall. Beginner or intermediate levels; helmet and wrist guard required.
Lesson will take place at the Chapel Hill Skateboard Park at Homestead Park - 100 Aquatic Drive. Limited Fee Reductions available for Orange County Residents that qualify, contact Robb English at 919.968.2734 or renglish@townofchapelhill.org for additional information.

Ages 5–50 $120 R, $144 NR
Jan. 11–Feb. 1 Sat 9–10 a.m. #200185-A
Feb. 22–March 14 Sat 9–10 a.m. #200185-B
April 18–May 9 Sat 9–10 a.m. #200185-C
Jan. 12–Feb. 2 Sun 9–10 a.m. #200186-A
Feb. 23–March 15 Sun 9–10 a.m. #200186-B
April 19–May 10 Sun 9–10 a.m. #200186-C

Get Assistance with Fees
Orange County Adult Soccer League Foundation (OCASL)
The OCASLFoundation works directly with you as an individual, or as a parent/guardian, helping to make it possible for you or a child to play organized sports.
A local nonprofit whose mission is to improve the lives of children and adults in Orange County and increase participation in sports and recreation.
http://ocaslfoundation.org
EMPACT Tennis

Empact Tennis Programs offer limited Fee Reductions available for Orange County Residents that qualify. Contact Robb English at 919.968.2734 or renglish@townofchapelhill.org for additional information. Bring your own tennis racket and water bottle. Registration deadline is one week prior to beginning of program.

Empact Youth Tennis Clinic
Hargraves Center

A great foundation for kids to learn the game of tennis! In these age-appropriate programs, kids play with equipment sized right for their age and skill level. This allows for maximum success and fun! 3 week sessions include kid-friendly music, entertaining drills, and skills to keep kids engaged and smiling.

$65 R, $75 NR

<table>
<thead>
<tr>
<th>Ages 5–7</th>
<th>Ages 8–10</th>
<th>Ages 11–17</th>
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<tr>
<td>Mon, Wed</td>
<td>5–5:45 p.m.</td>
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<td>#200214-A</td>
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<td>April 13–29</td>
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<tr>
<td>May 11–June 1</td>
<td>#200214-C</td>
<td>#200216-C</td>
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</tbody>
</table>

EMPACT Youth Tennis Clinics - All Levels
Hargraves Center

Keep kids' tennis skills sharp through the hibernation months! Kids will play with age appropriate equipment sized right for their age and skill level. This allows for maximum success and fun! And fun is a key component! EMPACT lessons include kid-friendly music, incorporate entertaining drills and skills, and turn everything into a game to keep kids engaged and smiling.

Ages 8–14

$65 R, $75 NR

Jan. 23–Feb. 27 Thu 4:30–5:15 p.m. #200213-A
May 12–28 Tue, Thu 5:15–6 p.m. #200220-A

Empact Tennis Youth High Performance Skill & Tactical Development
Hargraves Center

Higher level skill and tactical development with a focus on higher intensity drills and match play scenarios to push the player to compete at peak performance. 5 week program with like-skilled youth players to progress your game to the next level. This program will focus on game and match play scenarios, match strategy and tactics, consistency, accuracy, court positioning, and playing to your strengths and your opponent’s weaknesses.

Ages 10–17

$90 R, $105 NR

March 1–29 Sun 3–4:30 p.m. #200222-A
April 12–May 10 Sun 3–4:30 p.m. #200222-B
May 31–June 28 Sun 3–4:30 p.m. #200222-C

Tennis Adult Meet-Up Night
Hargraves Center

Join us for a fun night of tennis for adults! Socialization, fun music, and a rotating format of skills and drills practice as well as match play (with instruction from your tennis pro). This night is too fun to ignore! Great for beginners to intermediate players; best for players rated 3.0 level or lower. Stay in shape, hone your skills, and gain confidence on the court with EMPACT Tennis.

Ages 18+

$75 R, $85 NR

March 12–April 9 Thu 7–8:15 p.m. #200225-A
April 23–May 21 Thu 7–8:15 p.m. #200225-B

Fitness

West African Dance
Hargraves Center

West African Dance will offer an exciting workout with adapted dance movements from various regions of West Africa. The moves can be modified for all fitness levels! By the end of class, participants will be familiar with specific rhythms and choreographed moves. Come feel the rhythm!

Ages 18+ $50 R, $60 NR

Feb. 20–March 12 Thu 6:15–7:15 p.m. #224010-A
April 18–May 7 Thu 6:15–7:15 p.m. #224010-B

Stroller Strides for Mom
Chapel Hill Community Center

Stroller Strides® is a functional, total-body conditioning workout designed for moms with kids in tow. Each 60-minute workout is comprised of strength training, cardio, and core restoration, all while entertaining the little ones with songs, activities, and fun! Each Stroller Strides instructor is skilled to meet you where you are mentally and physically. You'll leave class feeling connected, successful, and energized. No more mama guilt! Register at chapelhillfitformom.com.

Ages 18+ $65 R, $65 NR First day is free

Year round Tue 9:30–10:30 a.m. #400502-A

Shotokan Karate KIDS
Chapel Hill Community Center

Learn traditional Japanese Karate for health, fitness, and self-defense. Participants practice basic techniques (kohon), forms (kata), and sparring (kumite). Emphasis is placed on building character, self-esteem, and learning skills through the five precepts: to seek perfection of character, be faithful, endeavor, respect others, and refrain from violent behavior. No previous experience required. Belt testing is optional, additional fees apply. No Fee Reduction.

Instructor: Doug Lee

Ages 7–12 $114 R, $137 NR

Ages 7–9 Jan. 22–May 6 Wed 5:45–6:30 p.m. #210249-A
Sun 10–10:45 a.m.

Ages 10–12 Jan. 22–May 6 Wed 5:45–6:30 p.m. #210249-B
Sun 11–11:45 a.m.

Zumba with the Zeiglers
Chapel Hill Community Center

Are you ready for a fitness party? Zumba features exotic rhythms set to high-energy Latin and International beats. It's an exhilarating, effective, easy-to-follow, calorie-burning dance fitness party! No Fee Reduction.

Ages 13+ $8 (Drop In); $30 (5 classes); $50 (10 classes); $70 (15 classes)

Jan. 11–March 28 Sat Zumba Toning 8–9 a.m.
Zumba 9–10 a.m.
Apr. 4–May 30 Sat Zumba Toning 9–10 a.m.
Zumba 10–11 a.m.

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EMPACT Youth Tennis Clinic
Hargraves Center

A great foundation for kids to learn the game of tennis! In these age-appropriate programs, kids play with equipment sized right for age and skill level. This allows for maximum success and fun! 3 week sessions include kid-friendly music, entertaining drills, and skills to keep kids engaged and smiling.

$65 R, $75 NR

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EMPACT Youth Tennis Clinics - All Levels
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$65 R, $75 NR

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Ages 10–17

$90 R, $105 NR

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Hargraves Center

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Ages 18+

$75 R, $85 NR

March 12–April 9 Thu 7–8:15 p.m. #200225-A
April 23–May 21 Thu 7–8:15 p.m. #200225-B

For more classes and programs, visit www.chapelhillparks.org
**Adventure**

**Paddling, River Float, & Day Trips**

**Chapel Hill Community Center**

Participants will meet at the Community Center and will be transported by van. Participants are required to bring a water bottle/hydration pack and lunch. Parent or guardian must enroll and accompany children under 12 years old. Tubes and life jackets (PFD) provided and required where applicable.

For more information about trips please contact Keith Dodson (ACA Certified Instructor) at kdodson@townofchapelhill.org or (919) 969-5543.

Register online at www.chapelhillparks.org • Winter-Spring 2020

**= Resident  NR= Non-Resident**

**Snow Tubing Day Trip**

**Chapel Hill Community Center**

We'll explore Hawknest, the largest snow tubing park on the East Coast with over 30 lanes of snow tubing that span up to 1,000 feet long! We'll end the afternoon with dinner at the Daniel Boone Inn. Additional fees for dinner and tubing required.

**Ages 8+**

$32 R, $36 NR

Jan. 27  Mon  8 a.m.–8 p.m.  #210537-A

**Climb Pilot Mountain**

**Chapel Hill Community Center**

Pilot Mountain is a great all-around single pitch climbing crag and is known for its iconic pinnacle. The area offers a little bit of everything with top rope and sport climbing. We will explore the south-facing quartzite cliffs and introductory routes near the Three Bears’ area. The variety of terrain makes Pilot Mountain an excellent classroom for climbers of all levels.

**Ages 8+**

$40 R, $48 NR

March 7  Sat  8 a.m.–6 p.m.  #210342-A

**Sunset Paddle**

**Chapel Hill Community Center**

Join us on a sunset paddle around Jordan Lake. Learn about the fundamentals of kayaking and canoeing including safety, equipment, and paddling technique. We will end the evening enjoying a campfire and s'mores.

**Ages 8+**

$65 R, $78 NR

March 28  Sat  4:30–9:30 p.m.  #210515-A

**Paddle the Neuse River**

**Chapel Hill Community Center**

Join us as we paddle down the Neuse River through Class I & II rapids. Learn about the fundamentals of kayaking and canoeing including safety, equipment, paddling technique, and trip planning.

**Ages 10+**

$65 R, $78 NR

May 17  Sun  9 a.m.–5 p.m.  #210516-A

**Bigfoot Tracking & River Float Adventure**

**Chapel Hill Community Center**

Join us as we hike the N.C. Mountain to Sea trail and float our way down the river to West Point at the Eno. We will discover the hidden gem that is the Eno and let our imaginations go wild as we paddle past areas that used to be home to Shakori, Occoneechi, and Eno American Indians.

**Ages 8+**

$30 R, $36 NR

May 31  Sun  10 a.m.–4 p.m.  #210519-A

**Senior USS NC & Aquarium Day Trip**

**Chapel Hill Community Center**

Travel with us for a day of adventure in Wilmington as we explore the USS NC Battleship and the Aquarium. We’ll end the afternoon with an early dinner before heading home. Additional fees required for entrance into the Battleship and Aquarium and dinner.

**Ages 50+**

$38 R, $46 NR

Feb. 19  Wed  9 a.m.–8 p.m.  #210536-A

**Hanging Rock State Park Day Trip**

**Chapel Hill Community Center**

Explore Hanging Rock State Park! You’ll hike, take in the sights, and relax around waterfalls. Discover Troy’s Den and its history during the American Revolution. We’ll end the afternoon exploring downtown Winston Salem’s art district and grab an early dinner before heading home.

**Ages 50+**

$38 R, $46 NR

April 29  Wed  9 a.m.–7 p.m.  #210527-A

**Kayak Roll Sessions**

**Chapel Hill Community Center**

Keep your roll and rescue skills fresh during the winter months with our indoor pool roll sessions. Bring your own boat/gear or let us provide it for you. No instruction provided. Registration & payment completed online at www.froghollowoutdoors.com. No Fee Reduction.

All Ages $6  Drop In; No registration required

Jan. 4, 18; Feb. 1, 29;  Select Saturdays 4:30–6 p.m.

March 14, 28; April 11, 25

**Adventure Club**

**Chapel Hill Community Center**

Explore the great outdoors! We will scale 40 foot rock faces, paddle fast moving rivers, track Bigfoot signs, hike, play in cascading waterfalls, and much more! Participants need to bring a swim suit, towel, lunch, 2 snacks, water bottle/hydration pack, change of clothes, and close-toed shoes. Additional field trip fees required. Adventure Club meets every other Saturday, 4/18, 5/2, 5/16 & 5/30 Instructor: Keith Dodson

**Ages 11–17**

$200 R, $240 NR

April 18–May 30  Sat  9 a.m.–7 p.m.  #210530-A

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**NEW SUMMER CAMP CATALOG**

Distributed in print on or before January 20!

Registration for residents begins March 10 for a host of Summer Camps for all ages and backgrounds.

Register online at www.chapelhillparks.org • Winter-Spring 2020
Climbing Wall

Open Climbing
Chapel Hill Community Center
A climbing wall attendant is present to supervise climbers and assist with safety checks. Harnesses and helmets are available at no charge on a limited basis. Top rope climbing requires a certified belayer. Waivers are required before climbing and parental waivers required for participants under 18.

Ages 6+ $3 R, $4 NR (18 & under)
$5 R, $8 NR (19 & older)

Year Round Tue, Thu 6:30–9:30 p.m.
Jan. 4–Feb. 8 Sat 6–8 p.m.
Year Round Sun 10 a.m.–12 noon

Private Climb Instruction
Chapel Hill Community Center
New to the sport or just need a refresher? Join us for a 30-minute private instructional session to work on your climbing technique or learn to belay. Instruction is scheduled during open climbing times for one participant. For safety reasons, belayers must annually pass a certification test to demonstrate the safe and proper use of the climbing equipment.

Year-round (by appointment and done during select open climbing sessions).

Contact Keith Dodson at kdodson@townofchapelhill.org.

Private Instruction Ages 6+ $25 R; $37.50 NR
Belay Certification Ages 13+ $10 R; $16 NR
$30 R; $45 NR (Inst. + Belay Cert.)

Scout Rock!
Chapel Hill Community Center
Calling all Scouts and Y Guides! Join us for an evening of climbing. Instruction on knots, belaying, and climbing provided. Space is limited to 50 scouts. Leaders and Scout masters welcomed! Please contact Keith Dodson kdodson@townofchapelhill.org to reserve your troop’s space.

Ages 6–18 $3 R, $4 NR
April 25 Sat 5–8 p.m.

AN INCLUSIVE APPROACH

We are committed to an inclusive approach to recreation and encourage individuals of all abilities to participate together. In order for people with disabilities to participate as fully as possible, reasonable modifications can be provided in accordance with the Americans with Disabilities Act. Most of the programs listed in this guide have the potential to be inclusive. Contact Marian for more info at 919 968-2813.

www.chapelhillparks.org

Youth Climbing Club
Chapel Hill Community Center
Explore the sport of climbing—challenge yourself, improve your skills, and overcome personal obstacles while having fun! Beginner, intermediate, and advanced climbers join us as we work as a team to set routes, belay, and learn grips, terms, and competition rules. Club members receive a pass to climb during all open climbing sessions. NO CLASS 2/11. Instructor: Keith Dodson

Ages 9–12 $90 R, $108 NR
Jan. 21–March 31 Tue 5–6:30 p.m. #210335-A

Youth Climbing Team
Chapel Hill Community Center
Intermediate and advanced climbers join us as we work as a team to set routes, belay, and learn grips, terms, and competition rules. We’ll work on improving our skills and advanced climbing moves. Team members receive a belay certification and a pass to climb during all open climbing sessions. We’ll enter local top rope and bouldering competitions as a team (additional fees will apply for competitions). NO CLASS 2/13 & 4/9. Instructor: Keith Dodson

Ages 13–18 $120 R, $144 NR
Jan. 16–April 30 Thu 5:30–7 p.m. #210336-A

For more classes and programs, visit www.chapelhillparks.org
Adult Recreation

Adult Game Night
Hargraves Center
Meet new people and enjoy a little friendly competition. Beginners are encouraged to come and learn to play. Typical games are billiards, table tennis, bid whist, and pinochle.

This program does not meet on Town holidays.

Ages 21+ Free, Drop-in, No registration required
July 2, 2019–June 30, 2020 Tue 6–9 p.m. #420092-Z

Line Dancing
Hargraves Center
Line dance refers to a range of choreographed routines danced in a group without partners. It’s a great workout for the body and mind; participants will learn a limited number of basic level dances. No prior experience is required.

Ages 21+ $3 R, $5 NR
Jan. 13–May 18 Mon 7:15–8:15 p.m. #220052-A

Enrich ELL English Tutoring
Hargraves Center
Educate, Empower, Enrich. Enrich ELL is a UNC student-run English tutoring program for non-native adults in the Chapel Hill/Carrboro community. As a program, we bring UNC students and English learners together through one-on-one pairings that allow for personalized learning experiences. Free childcare services are available during class.

Ages 18+ Free, Drop-in, No registration required
Jan. 27–April 20 Mon 6–7 p.m. #220061-Z
Jan. 22–April 22 Wed 6–7 p.m. #220061-Z1

Cooking with the Arc
Hargraves Center
The Arc advocates and supports persons with I/DD (intellectual and developmental disabilities) and their families so that they may lead purposeful lives in the community. Led by an Arc volunteer, adults will use hands-on experience to further their knowledge of nutrition as well as their skills in the kitchen. At the end of the class, the cooks get to enjoy the fruits of their labor.

For more information please contact Michelle Foy at (919) 942-5119 ext. 134. Register with the Arc of the Triangle at www.arctriangle.org.

Ages 18+ Free, Registration required at www.arctriangle.org
Jan. 14–May 26 Tue 11 a.m.–2 p.m. #220066-Z

Bingo for Mature Adults
Hargraves Center
What’s not to like about bingo? You play, have fun, meet new people, and you just might win a few prizes in the process!

Ages 55+ Free, Drop-In, No registration required.
Feb. 10 Mon 11 a.m.–12 noon #222009-Z
March 9 Mon 11 a.m.–12 noon #222009-Z1
April 6 Mon 11 a.m.–12 noon #222009-Z2
May 4 Mon 11 a.m.–12 noon #222009-Z3

Crafting Made Easy
Hargraves Center
This class will focus on making crafts with items you already have around the house. Participants will need to bring with them to class: a clear glass jar of any type, the cardboard roll left after you have used paper towels or toilet tissue (as many as you can accumulate), and 5–10 pine cones.

Ages 21+ $5 R, $6 NR
April 16–30 Thu 11 a.m.–12:30 p.m. #222011-A

 Domino Tournament
Seymour Senior Center
Put your domino skills to the test at this year's Senior Citizens Domino Tournament. Trophies will be awarded to the first, second, and third place winners. A limited number of registrations accepted; to register call the Seymour Center at (919) 968-2070.

Ages 55+ Free, Advanced registration required
March 13 Thu 10 a.m.–12:30 p.m. #222032-Z

Black History Month Brunch
Seymour Senior Center
Come and listen to songs from the past while enjoying a delicious meal as we celebrate Black History in song, featuring Fruits of Labor. Sponsored by Chapel Hill Parks and Recreation and Orange County Department on Aging. A limited number of registrations accepted; to register call the Seymour Center at (919) 968-2070.

Ages 55+ Free, Advanced registration required
Feb. 8 Sat 10 a.m.–12 p.m. #222050-Z

Senior Citizen Spring Picnic
Hargraves Center
Come out and celebrate the spring season with us as we enjoy good food and play lots of outdoor games. A limited number of registrations accepted; to register call the Seymour Center at (919) 968-2070.

Ages 55+ Free, Advanced registration required
May 1 Fri 10 a.m.–1 p.m. #222057-Z

New Hope Narcotics Anonymous
Hargraves Center
Narcotics Anonymous is a global, community-based organization. NA is meant to imply a focus on any particular drug. NA's approach makes no distinction between drugs including alcohol. NA offers recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle.

Ages 18+ Free, Drop-in, No registration required.
July 7, 2019–June 28, 2020 Sun 6–8 p.m. #420044-Z
Aquatics

Passes and Admission Fees
Passes can be utilized at both the Homestead Aquatic Center and Chapel Hill Community Center Pool. Children 5 and under must have an adult (16 years or older) in the water with them at all times. For pool schedules, rules, and supervision guidelines, visit www.townofchapelhill.org/aquatics.

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<tr>
<th></th>
<th>Child (8 &amp; Under)</th>
<th>Youth (9–18)</th>
<th>Adult (19 &amp; older)</th>
<th>Family*</th>
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<tr>
<td>Single Admission</td>
<td>$2 R, $3 NR</td>
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<tr>
<td>20 Visit Pass**</td>
<td>$24 R, $30 NR</td>
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<td>6 Month Pass</td>
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<td>Annual Pass</td>
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<td>Aqua Fitness Single Visit</td>
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<td>$8 R, $13 NR</td>
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<td>Aqua Fitness (10 Visit)**</td>
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<td>$60 R, $97 NR</td>
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* Family and Additional Family Members are defined in our User Fee Schedule.
** 20 Visit and Aqua Fitness Passes expire 1 year from date of purchase.

Water Exercise
Ongoing. See the Pool Schedules at www.chapelhillparks.org for class days and times. These are drop-in programs; registration is not required. Refer to the chart above for pricing.

Independent Water Exercise
Chapel Hill Community Center Mon/Wed/Fri
Enjoy a chance to be social and work out with friends in this informal group-led meet-up. Pool space is provided and exercise equipment available for use. No instructor; pass fee only.

Independent Deep Water Exercise
Chapel Hill Community Center Mon/Wed/Fri
Enjoy a chance to be social and work out with friends in this informal group-led meet-up. Flotation equipment is provided and swimming skills are not necessary, but you should be comfortable in deep water. No instructor; pass fee only.

Aqua Aerobics
Homestead Aquatic Center Mon/Wed
Instructor-led course to increase endurance, muscle strength, and flexibility in this fun class. Aqua Fitness pass fees apply.

Aqua Arthritis
Homestead Aquatic Center Mon/Wed
A certified aqua-arthritis instructor guides participants through range-of-motion and strengthening exercises. Aqua Fitness pass fees apply.

Deep Water Aerobics
Homestead Aquatic Center Fri
An advanced heart-rate based class which focuses on cardiopulmonary fitness while increasing muscular strength and endurance. You should be comfortable in deep water. Aqua Fitness pass fees apply.

Water Exercise
Homestead Aquatic Center Fri
Water Exercise Class – type to be determined. Check pool schedule or call Homestead Aquatic Center at (919) 968-2799 for more information.

Youth Swim Team
Homestead Aquatic Center
If you have at least Level 4 swim skills, join us for a fun-filled youth swim team season! No previous swim team experience is required. The team is a great way to meet other youth in the area while exercising. Swimmers 9 and under will attend the 6–7 p.m. practice time and swimmers 10 and over will attend the 7–8 p.m. practice time. No swim meets during fall and spring sessions.

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<td>Feb. 17–March 18</td>
<td>Mon, Wed</td>
</tr>
<tr>
<td>March 30–May 6</td>
<td>Mon, Wed</td>
</tr>
</tbody>
</table>

Egg Splash!
Homestead Aquatic Center
Come hunt for eggs at Homestead Aquatic Center! Plastic eggs are filled with surprises and float and sink in the pool. Children get to collect the eggs and turn them in for prizes! Bring your own basket to store your eggs.

<table>
<thead>
<tr>
<th>Ages 1–16</th>
<th>$5 R, $7 NR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 1–3</td>
<td>April 11 Sat 9:30–9:45 a.m.</td>
</tr>
<tr>
<td>Ages 4–6</td>
<td>April 11 Sat 9:45–10 a.m.</td>
</tr>
<tr>
<td>Ages 7–9</td>
<td>April 11 Sat 10–10:15 a.m.</td>
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<tr>
<td>Ages 10–12</td>
<td>April 11 Sat 10:15–10:30 a.m.</td>
</tr>
<tr>
<td>Ages 13–16</td>
<td>April 11 Sat 10:30–10:45 a.m.</td>
</tr>
</tbody>
</table>

Adult Beginner Swim Lessons
Homestead Aquatic Center
Adult Beginner lessons will focus on floating, kicking, basic arm movement for freestyle/front crawl, breathing, treading water, and gaining confidence in the water.

<table>
<thead>
<tr>
<th>Ages 13+</th>
<th>$77 R, $92 NR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb. 23–March 29 Sun 5:35–6:10 p.m.</td>
<td>#250330-A</td>
</tr>
<tr>
<td>Feb. 23–March 29 Sun 6:10–6:45 p.m.</td>
<td>#250330-B</td>
</tr>
<tr>
<td>April 26–May 31 Sun 5:35–6:10 p.m.</td>
<td>#250330-C</td>
</tr>
<tr>
<td>April 26–May 31 Sun 6:10–6:45 p.m.</td>
<td>#250330-D</td>
</tr>
</tbody>
</table>

Adult Intermediate Swim Lessons
Homestead Aquatic Center
Adult Intermediate lessons will focus on refining technique, learning additional strokes, diving, flip turns, and increasing endurance.

<table>
<thead>
<tr>
<th>Ages 13+</th>
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</thead>
<tbody>
<tr>
<td>Feb. 23–March 29 Sun 6:45–7:30 p.m.</td>
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<tr>
<td>April 26–May 31 Sun 6:45–7:30 p.m.</td>
<td>#250332-B</td>
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## Aquatics

### Group Swim Lessons

#### Swim Skill Prerequisites

**Parent Child: Ages 6 months–3 years**

Parents will learn proper supports and holds with their child. Instructors will guide the class through queuing and introductory water skills by song and play.

**Preschool Swim 1: Ages 3–5 years**

For children who have little or no previous water experience and can separate from their parents without crying. Focus is placed on developing comfort in the water and introducing basic water skills.

**Preschool Swim 2: Ages 3–5 years**

To enroll, participants must be able to fully submerge their head and blow bubbles from their mouth and nose. Participants will build on the skills learned in Preschool 1 and begin developing independent aquatic locomotion skills.

**Preschool Swim 3: Ages 3–5 years**

To enroll, participants must be confident in the water, able to submerge and blow bubbles, retrieve objects from the bottom, glide and float without assistance, and swim 3 body lengths on their own.

**Preschool Swim 4: Ages 3–5 years**

To enroll, participants must be able fully submerge and blow bubbles, glide and float without assistance, and swim 5 body lengths freestyle and backstroke on their own.

### Youth Swim 1: Ages 6–12

For children who have little or no previous water experience and can separate from their parents without crying. Focus is placed on developing comfort in the water and introducing basic water skills: submerging faces, blowing bubbles, and floating with assistance.

**Youth Swim 2: Ages 6–12**

To enroll, participants must be able to submerge completely, retrieve objects from the bottom, and float without assistance.

**Youth Swim 3: Ages 6–12**

To enroll, participants must be able to float independently, fully submerge and blow bubbles from mouth and nose, and swim 3 body lengths independently.

**Youth Swim 4: Ages 6–12**

To enroll, participants must be able to swim 50 yards of the pool freestyle and backstroke, swim 15 yards breaststroke and butterfly, and do a standing dive.

**Youth Swim 5: Ages 6–12**

To enroll, participants must be able to swim 50 yards of the pool freestyle and backstroke, swim 15 yards breaststroke and butterfly, and do a standing dive.

### Swim Lesson Schedule

**Location: Homestead Aquatic Center**

Fees: $55 R, $66, NR (6 classes)

<table>
<thead>
<tr>
<th>Level</th>
<th>Day</th>
<th>Time</th>
<th>Act#</th>
<th>Residents Register: Jan. 6</th>
<th>Residents Register: March 9</th>
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<td>T/Th</td>
<td>9:00-9:30am</td>
<td>250100</td>
<td>1/21–2/6</td>
<td>2/29–4/11</td>
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<td></td>
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<td>250185</td>
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</table>

- Please do not register a child for more than one course or skill level per session or in sessions with overlapping dates.
- A swimmer placed in the incorrect level will be moved to the proper level if space is available. If no space is available, a credit minus the class taken will be applied to the account.
Aquatics Training

Lifeguard Pre-Course Skills Help Session
Homestead Aquatic Center
Interested in taking the lifeguard course? Not sure if you would be able to pass the pre-requisite skills? We will have instructors on deck to help you assess your skills and offer tips for completing the entry requirements for the Lifeguard Training Course.

Ages 15+  Free, Registration required
Feb. 1  Sat  10–10:45 a.m.  #250450-A
Feb. 1  Sat  10:45–11:30 a.m.  #250450-B
April 8  Wed  6–6:45 p.m.  #250450-C
April 8  Wed  6:45–7:15 p.m.  #250450-D

Lifeguard Training
Homestead Aquatic Center
The American Red Cross Lifeguard Training Class will teach participants the knowledge and skills needed to prevent and respond to aquatic emergencies. Upon successful completion, participants will be certified in American Red Cross Lifeguarding/First Aid/CPR/AED.

Pre-Requisites: Participants must be 15 years old on or before the last day of the course, swim 300 yards continuously using front crawl and breaststroke, tread water for 2 minutes using only the legs and swim 20 yards, retrieve a 10 pound object from between 7–10 feet deep and swim 20 yards back to the starting point with the object and exit the water within 1 minute, 40 seconds.

Participants must attend all classes within the session. End times may be earlier based on class size and progress. Participants can download the manual for free from the American Red Cross. Manuals will be available for students to review on site, but not to take home.

Ages 15+  $205 R, $240 NR
April 6–9  Mon–Thu  9 a.m.–5 p.m.  #250452-A
April 18–26  Sat, Sun  9 a.m.–5 p.m.  #250452-B
May 9–17  Sat, Sun  9 a.m.–5 p.m.  #250452-C
June 15–21  Mon–Thu, Sun  9 a.m.–5 p.m.  #250452-D

Lifeguard Training Review
Homestead Aquatic Center
This course re-certifies individuals in American Red Cross Lifeguarding/First Aid/CPR/AED. Pre-requisites: Participants must have a current Lifeguarding/First Aid/CPR/AED certification.

Ages 16+  $155 R, $175 NR
Feb. 8  Sat  9 a.m.–5 p.m.  #250455-A
March 7  Sat  9 a.m.–5 p.m.  #250455-B
May 2  Sat  8 a.m.–5 p.m.  #250455-C

American Red Cross Water Safety Today
Homestead Aquatic Center
Water safety education for parents and caregivers. Learn to recognize, prevent, and respond to emergencies in and around the water, whether you have a backyard pool or are planning to spend the weekend at your community pool. Keep the kids safe and expand your knowledge!

Ages 14+  $20 R, $25NR
April 25  Sat  9:30–11:30 a.m.  #250420-A

Art Classes

Do It on the Cheap: Papermaking
Chapel Hill Community Center
Join us for an Earth Day workshop as we learn how to make paper using recycled materials. Instructor: Robena Meek

Ages 12+  $25 R, $30 NR
April 18  Sat  1:30–4:30 p.m.  #210123-A

Art in the Park
Chapel Hill Community Center
Want time to get creative with your kids on the weekend, but don't have the time for a weekly class? Join us on Saturday mornings inside the Community Center on cold days and outside on nice days for our spring edition of Art in the Park!

Ages 3+  $8 R, $10 NR
Feb. 8  Valentine's Day  Sat  9:30–11 a.m.  #210180-A
March 14  Let's Make Kites  Sat  9:30–11 a.m.  #210180-B
April 18  Recycled Art!  Sat  9:30–11 a.m.  #210180-C
May 2  Teddy Bear Tea Party  Sat  9:30–11 a.m.  #210180-D

Try it Friday!
Community Clay Studio
Ever wanted to try playing with clay but weren't sure you wanted to take a class? Sign up with a friend or date, or come alone to meet new people! Get your hands in some clay! Our skilled instructors will do a clay demo and help you create and decorate a piece. Instructor: James Ward

Ages 18+  $25 R, $30 NR
Feb. 14  Fri  6:30–9 p.m.  #230049-A
March 13  Fri  6:30–9 p.m.  #230049-B
May 8  Fri  6:30–9 p.m.  #230049-C

Teen ART Takeover
Community Clay Studio
We are opening up the community clay studio on Friday evenings for youth to have a fun relaxed opportunity to work on their art, whether it’s practicing throwing on the wheel, creating a special art project with our arts instructor, or having a chance to hone their drawing and painting skills. Instructor: Robin Pipkins

Ages 11–17  $5 R, $6 NR
Feb. 28  Fri  6:30–9 p.m.  #230051-A
March 27  Fri  6:30–9 p.m.  #230051-B
April 24  Fri  6:30–9 p.m.  #230051-C
May 15  Fri  6:30–9 p.m.  #230051-D

For more classes and programs, visit www.chapelhillparks.org
Art Classes

Drawing 101: Intro to Drawing
Chapel Hill Community Center

Drawing is a way of seeing and communicating. Develop your own personal eye and language as you discover principles of observation, shading, and mark-making. Each session focuses on a specific strategy and includes demonstration, practice, and individual and group critique. We will provide a list of materials and where they can be purchased before the class session starts. Instructor: Robin Pipkins

Ages 14+ $50 R, $60 NR
Feb. 6–27 Thu 6:30–8:30 p.m. #210190-A

Drawing 101: Colored Pencils
Chapel Hill Community Center

Want to add color to your drawings? Colored pencil is an exciting next step to advancing drawing skills or when moving from drawing into painting. It is a portable, relaxing, beautiful medium that requires minimal supplies and can be done in a small space. This course includes experience with the materials and techniques such as layering, blending, color mixing, and more! We will provide a list of materials and where they can be purchased before the class session starts. Instructor: Robin Pipkins

Ages 14+ $50 R, $60 NR
March 5–26 Thu 6:30–8:30 p.m. #210191-A

Drawing 101: Manga/Comic Style
Chapel Hill Community Center

Love comic books and manga? This session will be devoted to learning the style of manga and comic book drawing. We will provide a list of materials and where they can be purchased before the class session starts.

NO CLASS 4/9.
Instructor: Robin Pipkins

Ages 14+ $50 R, $60 NR
April 2–30 Thu 6:30–8:30 p.m. #210192-A

Drawing 101: Watercolors
Chapel Hill Community Center

Ever wanted to learn about watercolors but felt a bit intimidated? In this low-key beginners’ class, students are introduced to watercolor and learn basic techniques including: set up; brush handling; washes and glazes; color mixing; and wet-on-dry, wet-on-wet, and dry-brush applications. Demos will be provided as well as individual attention to help you learn. We will provide a list of materials and where they can be purchased before the class session starts. Instructor: Robin Pipkins

Ages 14+ $50 R, $60 NR
May 7–28 Thu 6:30–8:30 p.m. #210193-A

NC Art Museum Day Trip
Chapel Hill Community Center

Join us for a last chance to see the Frieda Kahlo, Diego Rivera, and Mexican Modernism exhibit at the NC Museum of Art before this special exhibit ends. We’ll provide transportation and make the arrangements so all you have to do is relax and enjoy the art!

Participants will meet at the Community Center and will be transported by van to the NC Art Museum in Raleigh, NC. Additional fees required for admission to the special exhibit and lunch.

Ages 19+ $15 R, $18 NR
Jan. 15 Wed 10 a.m.–3 p.m. #210182-A

Ceramics Arts

Clay for Kids Preschool & Kindergarten
Community Clay Studio

Finger puppets, cereal bowls, lounging lizards! In this creative and fun introduction to clay and pottery, students will learn how to build various creatures, household items, gifts, and objects of pure fantasy. Instructor: TBD on Thursday and James Ward on Monday.

Ages 4–5 $121 R, $145 NR
March 5–April 30 Thu 3–4 p.m. #230001-A
March 9–May 4 Mon 3:15–4:15 p.m. #230004-A

Clay for Kids
Community Clay Studio

Gargoyles, face plates, leaping frogs! In this creative and fun introduction to clay and pottery, students will learn how to build various creatures, household items, gifts, and objects of pure fantasy. Instructor: TBD

Ages 6–9 $121 R, $145 NR
March 3–April 28 Tue 3:30–5 p.m. #230015-A
March 4–April 29 Wed 3:30–5 p.m. #230016-A
March 6–May 1 Fri 3:30–5 p.m. #230017-A

Pre-Teen Pottery
Community Clay Studio

Wind bells, bird houses, fish platters! In this creative and fun introduction to clay and pottery, students will learn how to build various creatures, household items, gifts, and objects of pure fantasy. Instructor: TBD

Ages 9–15 $121 R, $145 NR
March 5–April 30 Thu 4:15–5:45 p.m. #230020-A

Youth Wheel Throwing
Community Clay Studio

Students will learn and practice the basic steps involved in making wheel-thrown vessels. We will develop the ability to make basic cylinders and extend this knowledge to making other wheel-thrown forms. We will attach handles and learn some basic decorating and glazing techniques. Instructor: James Ward on Monday and TBD on Saturday.

Ages 9–15 $121 R, $145 NR
March 9–May 4 Mon 4:15–5:45 p.m. #230021-A
March 7–May 2 Sat 12:30–2 p.m. #230022-A
Ceramics Arts

Clay Jewelry Workshop  
Community Clay Studio
Let's create fun and fashionable beads and pendants from scratch! Beginners and more advanced clay artists will find both practical advice and inspiration. We'll use a multitude of techniques including texturing, layering, stamping, sgraffito, sprigging, and carving to create one of a kind wearable masterpieces! The variety of colorful creations that can be made using underglazes is endless. Successful results can be had with any level of expertise. Instructor: Robin Pipkins
Ages 14+ $78 R, $94 NR  
Jan. 25–Feb. 8 Sat 3–5:30 p.m. #230023-A

Surface Decoration  
Community Clay Studio
This is the place where clay comes alive and starts to show its uniqueness and individuality! Using tiles we will explore different textures and methods of adding decoration to your clay pieces. Instructor: DeDe Richardson
Ages 18+ $86 R, $104 NR  
May 7–28 Thu 6:30–9 p.m. #230045-A

Teen and Adult students (14+) enrolled in the following classes may attend open studio hours on Thursday evenings and Sunday afternoons.

Creating Vessels – Hand Building and Wheel Throwing  
Community Clay Studio
We'll explore a wide variety of techniques for shaping and creating containers (vases, sculpted forms, trays, and bowls) using hand building (coils, slabs, pinch pots) and wheel throwing. Intermediate wheel students are welcome to focus solely on wheel-throwing. Learn about different decorative techniques such as carving, wax resist, slips, and glazes. The class includes group instruction, presentation, and one-on-one instruction. All skill levels welcome. Instructor: Sonya Ishii. NO CLASS 4/10
Ages 14+ $164 R, $197 NR  
March 6–May 1 Fri 9:30 a.m.–12 noon #230046-A

A Slab Extravaganza!  
Community Clay Studio
Using terracotta clay, we’ll hand build simple, elegant forms with slabs, from serving trays and platters to shallow bowls, plates, cups, and tiles. We’ll finish pieces with a majolica glaze and decorate each with mason stains for a rainbow of color choices. If you like pattern, drawing, and color, this is a good class for experimenting with functional and decorative ware. For all levels.
NO CLASS 4/7
Ages 14+ $164 R, $197 NR  
March 3–April 28 Tue 10:30 a.m.–1 p.m. #230066-A

The Water Element  
Community Clay Studio
Special containers to hold water for flowers, birds and butterflies. We will be using handbuilding techniques to build small clay fountains, wall faces for flowers, figurative vases, an Ikebana landscape and a butterfly pool. We will finish our work with colored slips, stencils, sgraffito and self-made stamps. For all skill levels.
Ages 14+ $123 R, $148 NR  
April 22–May 27 Wed 10:30 a.m.–1 p.m. #230044-A

Functional Hand Building: Cylinders for Your Kitchen!  
Community Clay Studio
It's time for a spring refresh for your kitchen! Concentrating on cylinders, this class will teach you how to hand build mugs, vases, salt and pepper shakers, and other handy items! Instructor: DeDe Richardson
Ages 14+ $123 R, $148 NR  *NO CLASS ON APRIL 8  
March 4–April 15* Wed 10:30 a.m.–1 p.m #210068-A

Wheel Throwing  
Community Clay Studio
Students of all skills levels are welcome—those who are just beginning and those who are looking to improve their technique and mastery. Our instructors will be glad to work with you on the basics of wheel throwing and on the finer points of skilled wheel work. The class includes group instruction, one-on-one help, and demonstrations. We will throw functional pots, plates, bowls, cups, and pull handles and form lids for jars. We will apply glazes and colorful slips and learn other decorative techniques to finish our creations.
Ages 14+ $164 R, $197 NR  
$86 R, $104 NR (*Sessions B Only)  
Instructor
March 9–May 4 Mon 9:30 a.m.–noon #230024-A  Karen Fisher  
March 9–May 4 Mon 6:30–9 p.m. #230025-A  James Ward  
May 11–June 8 Mon 6:30–9 p.m. #230025-B*  James Ward  
March 3–April 28 Tue 6:30–9 p.m. #230037-A  Michelle Fairholm  
May 5–26 Tue 6:30–9 p.m. #230037-B*  Michelle Fairholm  
March 4–April 29 Wed 6:30–9 p.m. #230026-A James Ward  
May 6–27 Wed 6:30–9 p.m. #230026-B* James Ward  
March 5–April 30 Thu 10:30 a.m.–1 p.m. #230027-A James Ward  
May 7–28 Thu 10:30 a.m.–1 p.m. #230027-B* James Ward  

Lidded Vessels  
Community Clay Studio
Learn a few different techniques to make jars and containers on the wheel with well-fitted lids. Once students learn the techniques of how to make lids, they’ll be able to make a wide variety of vessels including jars, salt boxes, garlic savers, baking dishes, and other containers. Demonstrations will also cover how to make wheel-thrown and hand-built knobs and handles, and how to finish and glaze your containers. Students should be able to comfortably center and throw at least 1.5 lbs. on the wheel. Instructor: Michelle Fairholm.
NO CLASS 4/11
Ages 14+ $123 R, $148 NR  
March 7–April 18 Sat 9:30 a.m.–12 p.m. #210069-A
### Inclusive Activities

Most programs in this publication have the potential to be inclusive. It often depends on the individual’s abilities and tolerances and the format of the class. Please contact us so we can work with you and the instructor to seek opportunities for successful experiences. Below are some classes to consider. Please contact Marian Kaslovsky for more information at (919) 968-2813.

- Movie in the Park – page 5
- Activities for Toddlers – page 6–7
- Empact Tennis – page 11

### Social Café Camp

**McDougle Middle School**

Teens and young adults will learn to prepare the foods they love and become more independent in a safe, uncluttered, highly-structured kitchen. Each day, we will make a delicious, simple, healthy meal from start to finish. Then we’ll sit down to a mealtime filled with conversation, team building, and sharing. After lunch, we play games the group chooses. Your instructor is Rhonda Maiani, a cooking contest winner, and speech pathologist who understands learning needs. For more on daily menus please email maiani@gmail.com.

This group is appropriate for youth who use any type of communication system (augmentative devices, sign language and those who are verbally articulate). If a student must be supervised in your home kitchen by staff, parents, or siblings, they will need to bring a caregiver for the entire day. Please complete questionnaire attached to registration form so we know your dietary needs; a $20 fee for food tailored to dietary needs is included in price.

**Ages 14–26**

<table>
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<tr>
<th>Date</th>
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<th>Time</th>
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<td>July 6–10</td>
<td>Mon–Fri</td>
<td>10 a.m.–1 p.m.</td>
<td>#230601-A</td>
</tr>
<tr>
<td>July 13–17</td>
<td>Mon–Fri</td>
<td>10 a.m.–1 p.m.</td>
<td>#230601-B</td>
</tr>
<tr>
<td>July 20–24</td>
<td>Mon–Fri</td>
<td>10 a.m.–1 p.m.</td>
<td>#230601-C</td>
</tr>
<tr>
<td>July 27–31</td>
<td>Mon–Fri</td>
<td>10 a.m.–1 p.m.</td>
<td>#230601-D</td>
</tr>
<tr>
<td>Aug. 3–7</td>
<td>Mon–Fri</td>
<td>10 a.m.–1 p.m.</td>
<td>#230601-E</td>
</tr>
</tbody>
</table>

### Let’s Do Lunch!

**Chapel Hill Public Library**

Learn some food prep skills while making lunch. Play games and have fun and engaging conversation while we eat together! Menus will be salads; soups; sandwiches; and some simple, quick desserts, all tailored to your dietary needs (i.e. gluten free, non-dairy, or vegetarian). Rhonda Maiani is a Licensed/Certified Speech/Language Pathologist for nearly 30 years.

Fee includes $20 for food planned for each student's particular dietary need. Please complete attached questionnaire so we know your dietary needs.

**Ages 14–26**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Code</th>
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</thead>
<tbody>
<tr>
<td>Feb. 8–29</td>
<td>Sat 10 a.m.–1 p.m.</td>
<td>#230602-A</td>
</tr>
<tr>
<td>March 7–28</td>
<td>Sat 10 a.m.–1 p.m.</td>
<td>#230602-B</td>
</tr>
</tbody>
</table>

### Autism Awareness Month: Film and Reception

**Hargraves Center**

In partnership with the Autism Society of North Carolina, join us for a free showing of the film “Aspergers Are Us”, a comedy/drama about an absurdist comedy troupe of the same name. In this coming of age documentary, four friends on the Autism spectrum will prepare for one final, ambitious show before going their separate ways. A reception and discussion will follow.

**Ages 13+**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Code</th>
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<tbody>
<tr>
<td>Drop-in</td>
<td></td>
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<tr>
<td>April 25</td>
<td>Sat 2–4 p.m.</td>
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### Fun on Bolin Creek

**Bolin Creek Trail**

Why just walk the trail? Explore it! Join some dedicated volunteers as we participate in activities like scavenger hunts, learning about nature, and more to disguise the fact that we are getting exercise and building an inclusive and healthier community! All abilities welcome and encouraged. Meet at the Bolin Creek Trailhead by Chapel Hill Community Center Park. Those needing supervision should bring a family member or staff. If the weather looks uncertain, call 919 968-2813, 1 hour before the walk, to confirm.

**All Ages**

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Code</th>
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</thead>
<tbody>
<tr>
<td>March 12–21</td>
<td>Thu</td>
<td>6:30–7:30 p.m.</td>
<td></td>
</tr>
<tr>
<td>March 14–23</td>
<td>Sat</td>
<td>10–11 a.m.</td>
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### Adapted Aquatics

**Homestead Aquatic Center**

For children and teens with disabilities who are beginner or advanced-beginner swimmers. Emphasis will be individualized: developing confidence and independence in the water, stroke development, water safety, etc. Volunteers will assist participants in practicing what the instructor teaches.

Please note: swimmers who are incontinent must wear swim diapers. Parent, guardian, or staff should remain on the pool deck during class. We cannot guarantee one volunteer for each student. If you are willing to swim with your child, please let us know when you register.

**Ages 5–21**

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 27–Feb. 24</td>
<td>Mon</td>
<td>6:30–7:15 p.m.</td>
<td>#230604-A</td>
</tr>
<tr>
<td>Jan. 27–Feb. 24</td>
<td>Mon</td>
<td>7:30–8:15 p.m.</td>
<td>#230604-B</td>
</tr>
<tr>
<td>March 9–April 13</td>
<td>Mon</td>
<td>6:30–7:15 p.m.</td>
<td>#230604-C</td>
</tr>
<tr>
<td>March 9–April 13</td>
<td>Mon</td>
<td>7:30–8:15 p.m.</td>
<td>#230604-D</td>
</tr>
</tbody>
</table>

### Sensory Play at Kidzu

**University Place**

Join us for a free special playtime, open to children with any kind of disability/special need and their siblings. Designed so families can enjoy the hands-on exhibit spaces together, without the extra stimulation of the museum’s busy open hours! All siblings participating must be registered too. Hurry and register; this activity will fill up. Parents are expected to stay with their children (and have fun too!).

**Ages 1–12**

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 9</td>
<td>Thu</td>
<td>5:30–7 p.m.</td>
<td>#230630-A</td>
</tr>
<tr>
<td>Feb. 13</td>
<td>Thu</td>
<td>5:30–7 p.m.</td>
<td>#230630-B</td>
</tr>
<tr>
<td>March 21</td>
<td>Thu</td>
<td>5:30–7 p.m.</td>
<td>#230630-C</td>
</tr>
<tr>
<td>April 18</td>
<td>Thu</td>
<td>5:30–7 p.m.</td>
<td>#230630-D</td>
</tr>
<tr>
<td>May 16</td>
<td>Thu</td>
<td>5:30–7 p.m.</td>
<td>#230630-E</td>
</tr>
</tbody>
</table>
Adapted Fitness Evening Classes
Chapel Hill Public Library

Let's get fit together! Join Parks & Recreation staff as we try different types of fitness routines set to music you'll enjoy—indie, pop, and maybe a little alternative music to keep us going. Together, we'll adapt exercises for those whose knees hurt or backs ache. It doesn't mean you skip an exercise; you'll just do a gentler version. This class will include cardio, strength training, and stretching exercises with variations to help cater to each person's abilities. Wear comfortable clothes and bring a water bottle.

Individuals requiring 1:1 assistance should bring a family member or other caregiver for support.

Evening Ages 16+ $33 R, $39 NR Advance registration required
Jan. 29–Feb. 26 Wed 5:15–6:15 p.m. #230607-A
March 4–April 1 Wed 5:15–6:15 p.m. #230607-B
April 15–May 13 Wed 5:15–6:15 p.m. #230607-C

Leisure Life and Community NEW!
Hargraves Community Center

For young adults who are unemployed, underemployed, in school or not and are working on transitioning to adult life. Each Thursday, we'll have fun working on the skills needed to successfully participate in our community: joint attention, asking for help, taking turns and listening to others. Enriching activities will center on community and personal growth. We'll play some games, have some visitors from the community, do some aerobic exercise, and make some art. Through this social environment, participants can make friends and build a community of peers.

Participants are expected to be able to take care of personal needs independently, be open to trying new things and attend to activities for 30 minutes at a time. Support staff may accompany if needed. Bring a bag lunch: microwave and refrigerator available for use with staff assistance.

Ages 18–30 $51 R, $58 NR
Jan. 9–30 Thurs 10:45 a.m.–1:45 p.m. #230606-A
Feb. 6–27 Thurs 10:45 a.m.–1:45 p.m. #230606-B
Mar. 5–26 Thurs 10:45 a.m.–1:45 p.m. #230606-C
Apr. 8–29 Thurs 10:45 a.m.–1:45 p.m. #230606-D
May 7–28 Thurs 10:45 a.m.–1:45 p.m. #230606-E

Drawing for Comics and Graphic Novels
The Corner Teen Center

For artists with special needs/disabilities who are comfortable with new ideas for improving their drawing and their siblings and friends! If you're interested in learning more about ways to make your drawings look more realistic, artist and TEACH autism specialist Elizabeth Byars offers step-by-step visual guides and one-on-one demonstrations of artists' chosen subjects.

This class includes a sharing time for students to see what everyone is doing and to offer compliments. Generally, these art students are comfortable with their parents leaving during class time. Students should be able to sit for 30 minutes at a time, should wear clothes that might get dirty, and should bring a favorite object to draw to each class.

Ages 8–14 and 15–26 $48 R, $58 NR
Ages 8–14 Feb. 29–April 4 Sat 9:30–10:45 a.m. #230631-A
Ages 15–26 Feb. 29–April 4 Sat 11 a.m.–12:15 p.m. #230631-B
Ages 8–14 April 18–May 23 Sat 9:30–10:45 a.m. #230631-C
Ages 15–26 April 18–May 23 Sat 11 a.m.–12:15 p.m. #230631-D

Social Skills for the Real World
Chapel Hill Public Library

Teens with social skills deficits will get to know each other while having fun, practicing ways to bring everyone into a conversation, and keeping the interaction going. Your instructor for this highly structured interactive program is Rhonda Maiani, who has been a Licensed/Certified Speech/Language Pathologist for nearly 30 years. Along with Rhonda, teens will tell funny, simple jokes; play a variety of interactive board games; and role play simple real-life scenes. Participants will practice interactive social communications and learn about engaging others in conversation by finding out about their interests and taking on their perspectives. Games and holiday card-making and will help round out our social experience.

If a participant exhibits behaviors which may affect their ability to participate fully in the program, an accompanying caregiver would be required. Bring a snack and drink if you’d like to.

Ages 16–26 $104 R, $124 NR
Feb. 4–March 18 Mon 5–6:30 p.m. #230632-A
May 11–June 8 Mon 5–6:30 p.m. #230632-B

Special Needs Resource Fair
Chapel Hill Bible Church

This information fair will focus on connecting participants with local resources (mostly Orange and Durham Counties) that service the lifespan of those with physical and intellectual disabilities.

For more info contact Marian Kaslovsky (mkaslovsky@townofchapelhill.org) or Ashley Gyori (ashley@biblechurch.org).

Plenty of space to network. Local organizations should submit info to the resource guide or register to host a table at http://tinyurl.com/DSResource19.

Deadline to submit to resource guide and/or register for a table: March 6

All Ages Free Drop-in; No registration required to attend
Mar. 28 Sat 10 a.m.–2 p.m. #230639-A
SibShop Hargraves Center
Brothers and sisters of children with special needs will enjoy meeting other siblings in a relaxed, recreational setting. They’ll explore their feelings in creative, light, and fun ways. Play group games, do some crafts, have a snack, and get to know each other. A questionnaire is presented for first time students so we’ll know a little about your family in advance. Register by noon on the Thursday before the session.

Ages 8–13 Free, Registration required First Time Returning
Jan. 18 Sat 3–5:30 p.m. #230641-A #230642-A
Feb. 15 Sat 3–5:30 p.m. #230641-B #230642-B
March 21 Sat 3–5:30 p.m. #230641-C #230642-C
April 18 Sat 3–5:30 p.m. #230641-D #230642-D
May 16 Sat 3–5:30 p.m. #230641-E #230642-E

Bridge2Sports Boccia Chapel Hill Community Center
Boccia ball is usually an outdoor game, but this group is adapted for indoor play. This is a great game for people with traumatic brain injury, cerebral palsy, stroke, visual impairment, low vision, or for a wheelchair user. Everyone can come and play Boccia!

Register at www.bridge2sport.org or by calling (866) 880-2742.
Ages 5+ Free, Advanced Registration required
Jan. 7–April 28 Tue 4:45–5:45 p.m.

Weaving from the Heart Chapel Hill Public Library
Free-form weaving is hand weaving with no rules, restrictions, or possibility of mistakes. Through this art form, we express our creativity and joy by uniting color and texture. Focus is on the process of discovery! In this class we will explore color, texture, and learn easy techniques on simple table looms. No experience required! The table looms and process are meant for simplicity and delight! Teens and adults of all abilities welcome.

This class is an intentionally inclusive offering. Bring a snack or bag lunch if you like.
Ages 13+ $91 R, $108 NR
Feb. 5–26 Wed 10 a.m.–1 p.m. #230614-A

Egg-ceptional Egg Hunt Oakwood Park
For kids with different abilities/special needs/disabilities, their siblings, and friends. Hunt for eggs, candy, and toys in an enclosed area for a small, safe, enjoyable event. Bring your own basket to collect eggs and candy. No rain date for this event. Register for one of 2 time slots; each time slot has a maximum of 10 children. Please sign up each sibling and friend participating. Activities provided to keep the kids busy while waiting.
Ages 2–13 $7 R, $9 NR
April 11 Sat 10–10:45 a.m. #230655-A
Sat 11–11:45 a.m. #230655-B

Specialized Games Night Hargraves Center
Teens and young adults with mild to moderate special needs, come out and enjoy games and socialization! Play a variety of games like Connect Four and Frazzle or bring games from home that you’d like to play. We’ll order pizza for those who want to chip in (pay with $1’s and $5’s only please) or bring your own dinner if you prefer. Participants must function on a 1:4 level and be self-sufficient with personal needs. Register by noon on Friday before the session.
Ages 13–29 $8 R, $10 NR
Jan. 18 Sat 6:30–8:30 p.m. #230667-A
Feb. 15 Sat 6:30–8:30 p.m. #230667-B
March 21 Sat 6:30–8:30 p.m. #230667-C
April 18 Sat 6:30–8:30 p.m. #230667-D
May 16 Sat 6:30–8:30 p.m. #230667-E

Friday Fun Night Chapel Hill Community Center
Play board games, make crafts, shoot baskets in the gym, climb the climbing wall, swim awhile, and join us for a snack. Holiday or seasonal theme each month. Non-disabled siblings and friends of all ages are always welcome. Minors and others who might need focused supervision should bring an adult family member or staff person. Those who are incontinent must wear swim diapers in the pool. For more information, contact Therapeutic Recreation Specialist Marian Kaslovsky at (919) 968-2813.
Ages 2+ Free, Drop-in, No registration required
Feb. 7–June 5 Fri 6:30–8:30 p.m. #230690-Z

Friends of Chapel Hill Parks and Recreation
A 501(c)3 nonprofit created to enhance our parks, greenways, facilities and programs.

Helping to Fund Projects such as:
Climbing Wall Gear
Back to School Backpack Program
Aquatics Timing System

Become a member or donate TODAY!
www.friendschparksrec.org
Special Olympics Orange County is sponsored by Chapel Hill Parks and Recreation. For activity and registration information, please see www.sooc.org or call 919-968-2810.

Special Olympics Orange County provides year-round athletic training and competition to persons 3 years and older with intellectual disabilities. Athletes are placed on teams with persons of similar ages and skill levels. No prior sports knowledge is necessary. There are no fees associated with Special Olympic programming, some transportation assistance is available.

Basketball
Chapel Hill Community Center, Hargraves Recreation Center, Lincoln Gym, St. Thomas More School
Ages 3+ Introductory to advanced skills building
Dec. 7–March 1 Sat 10–11:30 a.m.
Sun 3–4 p.m., 4–5 p.m., 5–6:30 p.m.

Softball
Cedar Falls Park
Ages 3+ Introductory to advanced skills building
March 17–May 17 Sun 3:30–4:30 p.m., 4:30–6 p.m.

Intro to Advanced Track and Field Skills Building TBD
Ages 10+
March 24–May 26 Tue/Thu 7–8 p.m.

Competitive Swim Team
Chapel Hill Community Center
Ages 12+ Advanced skills, tournament travel required
Jan. 16–May 24 Thu 6–7:10 p.m., 7:15 p.m.–8:25 p.m.
Sun 4:30–6 p.m.

Alpine Skiing
Appalachian Ski Mountain
Ages 12+ Introductory to advanced skills building
Dec–Feb Limited weekends

CHCCS/OC School Bowling
Mardi Gras Bowling Center
Partnership with CHCCS Adapted Physical Education
Ages 5–21 Introductory to advanced skills building
Feb. 3–March 11 Mon, Wed 10–11 a.m.

Cheerleading
Community Center
Ages 8+ Introductory to beginning skills building
Jan. 7–March 17 Tuesdays 7–8:15 p.m.

Unified Kickball
UNC Hooker Fields
Partnership with UNC Intramural Department
Ages 16+ Introductory to advanced skills building
March 25–April 22 Wed 6–7 p.m.

Disk Golf
Anderson Community Park/ Cornwallis Road Park
Ages 12+ Introductory to advanced skills building
May 6–May 27 Wed 6–7:30 p.m.

First Aid Class
South Orange Rescue
This class is for non-medical personnel. We will discuss basic first aid responses to injury, medical, and environmental emergencies. Upon successful completion you will receive certification from the American Heart Association. Parent or guardian must accompany children under 14 years old. Email address is required to receive certification card.
Ages 12+ Free, Registration required
March 14 Sat 9 a.m.–12 p.m. noon #210750-A

Heartsaver CPR and AED
South Orange Rescue
This class is for people who need to be certified in CPR and AED. You will learn how to perform CPR on people of all ages, how to use a defibrillator, and how to help someone who is choking. Upon successful completion you will receive certification from the American Heart Association. Parent or guardian must accompany children under 14 years old. Email address is required to receive certification card.
Ages 8+ Free, Registration required
Feb. 8 Sat 9 a.m.–12 noon #210755-A
March 10 Tues 9 a.m.–12 noon #210755-B

Heartsaver Family & Friends CPR
South Orange Rescue
Ideal for community groups, new parents, grandparents, babysitters, and others interested in learning how to save a life. Learn how to perform CPR, use an AED, and help in a choking emergency. For those who want to learn CPR but do not need AHA CPR course completion card for job requirement. Parent or guardian must accompany children under 14 years old.
Ages 8+ Free, Registration required
Feb. 11 Tues 9–11:30 a.m. #210756-A

Health On The Block
Hargraves Center
Health on the Block is an annual event co-sponsored by NC Health Careers Access Program Ambassadors and Chapel Hill Parks and Recreation which offers free health screenings to the community. Vendors will offer free dental screenings, free blood pressure checks, and more. There will be games, food, and prizes for all participants.
All Ages Free, Drop-in, No registration required
April 4 Sat 10 a.m.–2 p.m. #220031-Z

NEW SUMMER CAMP CATALOG
Distributed in print on or before January 20!
Registration for residents begins March 10 for a host of Summer Camps for all ages and backgrounds.

For more classes and programs, visit www.chapelhillparks.org
The 13th Chapel Hill Garden Tour sponsored in part by the Town of Chapel Hill, Parks and Recreation

Chapel Hill Garden Club’s “Vision and View” Tour showcases six unique private gardens and the North Carolina Botanical Garden. Gardens range from historic to modern, personal to campus, mountaintop to lakeside. Passionate, visionary gardeners with diverse properties and points of view created these special gardens.

Musicians and select educators and vendors will supplement the charm of several gardens on tour.

Tour proceeds support ongoing programs at the NCBG and Chapel Hill Garden Clubs’ many service projects.

For garden descriptions, tour information, and to purchase tickets … visit chapelhillgardenclub.net.

Saturday April 25, 2020 10 a.m.–4 p.m.
Sunday April 26, 2020 11 a.m.–4 p.m.

Lower Booker Creek Trail
Connects adjacent neighborhoods to Eastgate Shopping Center and Linear Park

The New Hope Audubon Society in conjunction with our very own Parks, Recreation and Greenways Commission have coordinated the delivery of 200 native perennials for planting along the Booker Creek Trail, including several dozen elderberry, ninebark, and silky dogwoods. This helps increase biodiversity along the creek and make the watershed healthier, and will provide food for pollinators and birds.

The Adopt A Park/Greenway program is a collaborative effort between the Chapel Hill Parks and Recreation Department and the Chapel Hill volunteer community geared towards enhancing the experiences of Town Parks and Greenways.

Ephesus Park
1501 Ephesus Church Road

A recent project was just completed that included improvements to Ephesus Park, focused on increasing accessibility with completion of ADA compliant paths and parking lot improvements. This project included repaving the existing parking lot and expanding the overall number of parking spaces. As a result, the parking lot is roughly doubled in size. In addition, we have resurfaced the six pickleball courts on site.

The park also offers four lighted tennis courts, a large softball field, and winterized restrooms for year-round use. Tennis and pickleball courts may be used on a first-come-first-served basis. Certain times of the week the courts are reserved for programmed activities. Court #6 is generally available for open play. All parks in Chapel Hill are open dawn to dusk.

New Turf Multi-Purpose Fields Homestead Park

Thanks to a joint project among the Town of Chapel Hill, Triangle United Soccer, and Rainbow Soccer, Homestead Park has two new artificial turf fields, accessible walkways, and fencing.

The artificial turf fields can be played on year round with far less need to close fields due to inclement weather and wet field conditions, so more programming time and an increase in rental revenues is anticipated. The fields are also lighted for evening play.

The new turf fields use a special 100 percent natural product, Purefill Artificial Turf Infill, made of organic cork granules and sand. This product is completely recyclable and sustainable, and provides significant heat reduction. It meets or exceeds all industry standards for player safety. The sub-base design captures up to half an inch of rainwater during a rain event.

Morgan Creek Trail
Highway 54 Eastbound Corridor and Southern Community Park

This moderately trafficked trail features a river and is good for all skill levels. The trail is primarily used for hiking, walking, trail running, and road biking and is accessible year round. Dogs are also able to use this trail but must be kept on leash.

The combined Fan Branch and Morgan Creek Trails are the longest paved trail system in Orange County (approx. 5.2 miles) and allow unbroken travel from the Southbridge neighborhood to Southern Community Park. The trail also serves Southern Village and Scroggs School. A spur trail provides access to Merritt’s Pasture. Parking is available at a parking lot off of eastbound Fordham Blvd. (NC-54).

An interactive Parks Locator Map to locate all parks in Orange County

Did you know we host on our web site at www.chapelhillparks.org a link to a great resource where you can locate all parks in Chapel Hill and Orange County as well as search for parks and recreation facilities by amenities?

Check official park websites for news and availability.

Zoom to Location | Park and Amenity Details | Get Directions | Give it a try!